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NIHHC TO HOLD COVID-19 HEALTH CLINIC ON MARCH 18

ELKHART, IN, March 2023 – The Northern Indiana Hispanic Health Coalition (NIHHC), in partnership with the Indiana Department of Health, will hold its next **COVID-19 health clinic on Saturday, March 18, from 10:00 AM-2:00 PM, at The Arena Michiana**, 2401 Middlebury St., Elkhart, IN 46516.

The following services will be offered:
- **Pfizer COVID-19 Vaccine: ages 5 and older; 1st dose, 2nd dose, & updated (bivalent) booster**
- **Moderna COVID-19 Vaccine: ages 12 and older; 1st dose, 2nd dose, & updated (bivalent) booster**
- **Flu Vaccine: ages 5-64**
- **COVID-19 Tests: everyone is eligible**
- **Information Table: COVID-19 health consultation with a bilingual health professional**
- **Health Screenings: cholesterol, glucose, blood pressure, body mass index**

All services are free of cost. No documents are required. Community members are encouraged to register for their appointments now by calling or sending a WhatsApp message to NIHHC's COVID-19 hotline at (574) 206-3938 or by calling 1-877-21-SALUD (72583).

For community members who have not yet gotten their COVID-19 bivalent booster, now is the time. Receiving the booster, which is updated to protect against newer strains of COVID-19, is key to ongoing protection from the virus.

Routine COVID-19 vaccinations, like flu shots, are now part of recommended immunization schedules. People who are up to date on their COVID-19 vaccines are nearly 10 times less likely to die from the virus than people who are unvaccinated. Vaccination is also associated with lower risk of long COVID, which can affect anyone.

Staying up to date on vaccines ensures that you are as protected as possible.

To help address transportation barriers, NIHHC is offering a $35 gas gift card to anyone who has an appointment and receives the flu or COVID-19 vaccine. As an initiative to support food needs, free tacos will be available for all attendees.

Community members with underlying conditions are at much higher risk of hospitalization if infected with COVID-19 or the flu. NIHHC's free preventative health screenings offer them the opportunity to assess and manage their health condition. Educational health consultations provide community members with the tools to make informed decisions about next steps.

NIHHC's COVID-19 clinics provide a holistic approach to health with accessible, convenient, bilingual, and culturally sensitive services. Since July 2021, NIHHC has held 21 COVID-19 vaccination clinics in northern Indiana, providing over 2,700 shots to the community. NIHHC meets community members by providing education to make informed decisions about vaccination and by addressing barriers to accessing health care services through trusted locations, convenient days and hours, and the availability of bilingual staff.

With support from the CDC Foundation and the Indiana Department of Health, NIHHC's COVID-19 vaccination campaign, *Unite Against COVID-19*, reaches the community by partnering with trusted influencers and messengers, leaders, health care providers, and community organizations and agencies.

The Northern Indiana Hispanic Health Coalition's mission is to improve the health and wellness of underserved communities by providing preventative health screenings, education, and advocacy with a primary focus on Hispanics.

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If you would like more information on NIHHC's activities and programs, please call NIHHC at 574-522-0966 or toll free at 1-877-21-SALUD, or visit our website at www.nihhc.com. If you have questions regarding COVID-19, please call NIHHC's bilingual COVID-19 hotline at 574-206-3938. Visit NIHHC's Facebook page for up-to-date information regarding COVID-19, and don't miss NIHHC's Pills of Knowledge video segments with healthcare professionals, broadcasted on Facebook Live. **#UniteAgainstCOVID-19!**