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FOR IMMEDIATE RELEASE

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NIHHC TO HOLD NEXT COVID-19 HEALTH CLINIC ON JANUARY 7

ELKHART, IN, January 2023 – The Northern Indiana Hispanic Health Coalition (NIHHC), in partnership with the Indiana Department of Health, will hold its next **COVID-19 health clinic on Saturday, January 7, from 10:00 AM-2:00 PM, at The Arena Michiana, 2401 Middlebury St., Elkhart, IN 46516.**

The following services will be offered:

- **Pfizer COVID-19 Vaccine: ages 5 and older; 1st dose, 2nd dose, & updated (bivalent) booster**
- **Moderna COVID-19 Vaccine: ages 12 and older; 1st dose, 2nd dose, & updated (bivalent) booster**
- **Flu Vaccine: ages 5-64**
- **COVID-19 Tests: everyone is eligible**
- **Information Table: COVID-19 health consultation with a bilingual health professional**
- **Health Screenings: cholesterol, glucose, blood pressure, A1C**

All services are free of cost. No documents are required. Community members are encouraged to register for their appointments now by calling or sending a WhatsApp message to NIHHC's COVID-19 hotline at (574) 206-3938 or by calling 1-877-21-SALUD (72583).

As winter continues, a new COVID-19 wave has arrived. COVID-19 cases and hospitalizations are on the rise again, now combined with the spread of flu and R.S.V. Meanwhile, surges in other parts of the world are a threat. Community members are invited to attend the convenient indoor clinic and stay up to date for their annual flu and COVID-19 vaccinations to protect our families.

The holidays brought families together again, and vaccination has proven to be one of the key tools making that possible. For vulnerable populations especially, the updated COVID-19 booster is critical to preventing severe illness and death. For anyone, even those with mild or

asymptomatic cases, long COVID can have a devastating effect. Preventing sickness is the best strategy for good health.

To help address transportation barriers, NIHHC is offering a \$20 gas gift card to everyone who has an appointment and receives the flu or COVID-19 vaccine. Continuing a holistic approach to health, the COVID-19 clinics also offer free preventative health screenings to meet the health needs of community members, so they can get back to their regular health care.

“Let’s ring in a healthy 2023!” said NIHHC Executive Director, Liliana Quintero. “It’s up to all of us to work to stay healthy.”

NIHHC’s COVID-19 clinics provide accessible, convenient, bilingual, and culturally sensitive services. Since July 2021, NIHHC has held 18 COVID-19 vaccination clinics in northern Indiana, providing over 2,500 shots to the community. NIHHC meets community members by providing education to make informed decisions about vaccination and by addressing barriers to accessing health care services through trusted locations, convenient days and hours, and the availability of bilingual staff.

With support from the CDC Foundation and the Indiana Department of Health, NIHHC’s COVID-19 vaccination campaign, *Unite Against COVID-19*, reaches the community by partnering with trusted influencers and messengers, leaders, health care providers, and community organizations and agencies.

The Northern Indiana Hispanic Health Coalition’s mission is to provide preventative health care programs to the communities of Elkhart, Kosciusko, Noble, and Marshall counties through education, advocacy, physician referral, and research, so that they may lead healthier lifestyles.

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If you would like more information on NIHHC’s activities and programs, please call NIHHC at 574-522-0966 or toll free at 1-877-21-SALUD, or visit our website at www.nihhc.com. If you have questions regarding COVID-19, please call NIHHC’s bilingual COVID-19 hotline at 574-206-3938. Visit NIHHC’s Facebook page for up-to-date information regarding COVID-19, and don’t miss NIHHC’s Pills of Knowledge video segments with healthcare professionals, broadcasted every Tuesday, 5-6 PM, on Facebook Live. **#UniteAgainstCOVID-19!**