



# 2016

Community Resource  
Directory

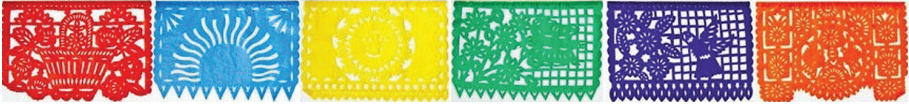


Northern Indiana Hispanic  
Health Coalition

# Law Offices of Travis J. McConnell PLLC

Graduate of Butler Univ. and Indiana Univ. School of Law  
Spanish Speaker - Universidad de Alcala Madrid, Spain

Licensed and Admitted - Indiana Bar Florida Bar



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2601 Westwood Road  
Winona Lake, IN 46590  
260-446-2414  
260-408-1767 fax  
travismclaw@gmail.com

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everywhere in between



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August, 2015

Dear Friends,

With the recovering status of the economy, many families in our communities are still struggling to get by. Whether it's searching for local resources ranging from food pantries to health clinics, there is still a great need, which served as our motivation during the endless hours in compiling the NIHHC's Community Resource Directory.



The NIHHC is proud of how helpful this tool has been to families and to health and social service agencies throughout Northern Indiana. Based on the feedback that we have received, this directory has become an invaluable staple for our underserved communities. Although this project has been both time and resource-consuming, we are driven by our goal of making the directory available to the community free of charge as well as its online version at [www.nihhc.com](http://www.nihhc.com). Our final goal is to make sure that our community learns to navigate the network of health and social agencies serving families in Elkhart, Noble, Kosciusko, and St. Joseph counties, which will result in a better quality of life for society as a whole.

It has been wonderful to see all the support we have received from over 130 agencies whose missions are aligned with our own and who genuinely want to serve and add value to the lives of thousands throughout Northern Indiana. This spirit of generosity and altruism inspires us to continue the work that lies ahead in reducing health disparities and improving the community's overall health status.

Every year that goes by, we are closer and closer to our health improvement goals, but we cannot do this alone. I invite our community members to give back and help us develop the synergy that will enhance our success. Let's find a place to volunteer, donate to one of the many food pantries in the area, be good citizens, become more involved in our children's education, and together let's continue building a healthier Northern Indiana, where everyone is proud to live!

Sincerely yours,

A handwritten signature in black ink, appearing to read "Liliana Quintero".

Liliana Quintero  
Executive Director  
NIHHC

# Table of Contents

|   |           |
|---|-----------|
| <b>How to use this directory</b> .....                            | <b>7</b>  |
| <b>Basic Needs Assistance</b> .....                               | <b>8</b>  |
| American Red Cross of Northern Indiana .....                      | 8         |
| Avilla Food Pantry .....  | 9         |
| Brightpoint .....   | 10        |
| Catholic Charities .....  | 12        |
| Church Community Services .....                                   | 13        |
| Combined Community Services .....                                 | 13        |
| Community Life Center (United Pentecostal Church of Warsaw) ..... | 15        |
| Elkhart General Hospital Medication Assistance Program .....      | 15        |
| Faith Lutheran Church .....                                       | 16        |
| Faith Mission of Elkhart .....                                    | 17        |
| Family Christian Development Center .....                         | 17        |
| First United Methodist Church - Goshen .....                      | 18        |
| Guidance Ministries .....   | 19        |
| Habitat for Humanity of Elkhart County .....                      | 20        |
| Habitat for Humanity of Kosciusko County .....                    | 20        |
| Help Center .....   | 21        |
| Kosciusko County Cancer Care Fund .....                           | 22        |
| Kosciusko County Community Foundation's Good Samaritan Fund ..... | 23        |
| LaCasa, Inc. ....   | 23        |
| Medication & Dental Assistance .....                              | 24        |
| My United Way 2-1-1 .....   | 25        |
| Northern Indiana Hispanic Health Coalition, NIHHC .....           | 26        |
| Orange Township Helping Hands .....                               | 28        |
| Real Services .....   | 29        |
| Rx Outreach .....   | 30        |
| Salvation Army – Elkhart .....                                    | 31        |
| Salvation Army – Goshen .....                                     | 32        |
| Salvation Army – Warsaw .....                                     | 33        |
| St. Vincent de Paul Society .....                                 | 33        |
| Target Pharmacy .....   | 34        |
| The Beaman Home .....   | 34        |
| The Window, Inc. ....   | 35        |
| West Noble Food Pantry .....                                      | 36        |
| YWCA North Central Indiana .....                                  | 37        |
| <b>Breast and Cervical Cancer</b> .....                           | <b>39</b> |
| Elkhart County Health Department .....                            | 40        |
| Heart City Health Center .....                                    | 41        |
| Indiana Health Center .....                                       | 42        |

|   |           |
|---|-----------|
| Maple City Health Care Center . . . . .                               | 42        |
| <b>Child Car Safety Seats . . . . .</b>                               | <b>44</b> |
| Elkhart County Health Department / Safe Kids Elkhart County . . . . . | 44        |
| Heartline Pregnancy Center . . . . .                                  | 45        |
| <b>Dental Care . . . . .</b>  | <b>46</b> |
| ABG Dental . . . . .  | 46        |
| Afdent . . . . .  | 47        |
| Dental Solutions . . . . .  | 48        |
| Healthy Beginnings . . . . .  | 49        |
| Heart City Health Center . . . . .                                    | 49        |
| Indiana Health Center . . . . .                                       | 50        |
| Ligonier Dental Care . . . . .  | 51        |
| Medication & Dental Assistance . . . . .                              | 51        |
| Sister Maura Brannick Health Center . . . . .                         | 52        |
| <b>Diabetes Care . . . . .</b>  | <b>54</b> |
| Elkhart General Hospital . . . . .                                    | 54        |
| Heart City Health Center . . . . .                                    | 54        |
| Indiana Health Center . . . . .                                       | 55        |
| Maple City Health Care Center . . . . .                               | 56        |
| Memorial Latino Outreach . . . . .                                    | 57        |
| <b>Discrimination Services . . . . .</b>                              | <b>58</b> |
| City of Elkhart Human Relations Commission . . . . .                  | 58        |
| <b>Elderly Services and Hospice Care . . . . .</b>                    | <b>59</b> |
| AseraCare Hospice . . . . .   | 59        |
| Center for Hospice Care . . . . .                                     | 60        |
| Council on Aging of Elkhart County, Inc. . . . .                      | 60        |
| Kosciusko Home Care & Hospice, Inc. . . . .                           | 61        |
| <b>Eye Doctor . . . . .</b>   | <b>63</b> |
| Dr. Rod Kaufman, Optometrist, Inc. . . . .                            | 63        |
| James Myers, O.D. . . . .   | 63        |
| The Spectacle Shoppe . . . . .  | 64        |
| Wal-mart Vision Center – Elkhart (County Road 6) . . . . .            | 65        |
| Wal-mart Vision Center – Elkhart (Old US 20) . . . . .                | 65        |
| Wal-mart Vision Center – Goshen . . . . .                             | 66        |
| Wal-mart Vision Center – Mishawaka . . . . .                          | 66        |
| Wal-mart Vision Center – South Bend . . . . .                         | 67        |
| <b>Family Doctor and Medical Services . . . . .</b>                   | <b>68</b> |
| Center for Healing and Hope . . . . .                                 | 68        |
| Goshen Family Physicians . . . . .                                    | 68        |
| Heart City Health Center . . . . .                                    | 69        |
| Indiana Health Center . . . . .                                       | 70        |
| Maple City Health Care Center . . . . .                               | 70        |
| Masterson Chiropractic . . . . .                                      | 71        |

|  |           |
|--|-----------|
| Parkview Physicians Group . . . . .  | 72        |
| Project Homecoming Medical Clinic . . . . .  | 72        |
| Saint Joseph Family Medicine Center . . . . .                                      | 73        |
| Sister Maura Brannick Health Center . . . . .                                      | 74        |
| The Medical Foundation . . . . .   | 74        |
| <b>Family Planning . . . . .</b>   | <b>77</b> |
| Maple City Health Care Center . . . . .  | 77        |
| Northern Indiana Maternal & Child Health Network, NIMCHN Family Planning . . . . . | 78        |
| Planned Parenthood of Indiana & Kentucky . . . . .                                 | 78        |
| <b>Hoosier Healthwise . . . . .</b>  | <b>80</b> |
| Elkhart County Division of Family Resources . . . . .                              | 82        |
| First Steps . . . . .  | 82        |
| IU Health Goshen . . . . .   | 82        |
| Maple City Health Care Center . . . . .  | 83        |
| St. Joseph County Health Department . . . . .                                      | 83        |
| <b>Hospitals . . . . .</b>   | <b>84</b> |
| Elkhart General Hospital . . . . .   | 84        |
| IU Health Goshen . . . . .   | 84        |
| Kosciusko Community Hospital . . . . .   | 85        |
| Parkview Noble Hospital . . . . .  | 86        |
| Memorial Hospital of South Bend . . . . .  | 86        |
| Saint Joseph Health System - Mishawaka Medical Center . . . . .                    | 87        |
| <b>Immunizations and TB (Tuberculosis) Testing . . . . .</b>                       | <b>88</b> |
| Elkhart County Health Department . . . . .   | 88        |
| Kosciusko County Health Department (Health Services) . . . . .                     | 89        |
| Noble County Health Department . . . . .   | 90        |
| St. Joseph County Health Department . . . . .                                      | 92        |
| <b>Interpreters / Translation Services . . . . .</b>                               | <b>94</b> |
| A 2 Z Translations, LLC . . . . .  | 94        |
| Memorial Language Resource Services . . . . .                                      | 94        |
| Northern Indiana Hispanic Health Coalition, NIHHC . . . . .                        | 95        |
| <b>Lead Poisoning . . . . .</b>  | <b>96</b> |
| Elkhart County Health Department . . . . .   | 96        |
| Kosciusko County Health Department (Health Services) . . . . .                     | 96        |
| St. Joseph County Health Department . . . . .                                      | 97        |
| <b>Life Skills and Health Classes . . . . .</b>                                    | <b>99</b> |
| Church Community Services . . . . .  | 99        |
| Concord Community Schools Adult English Classes . . . . .                          | 100       |
| Elkhart Area Career Center - Adult and Community Education . . . . .               | 100       |
| ESL (English as a Second Language) Partners . . . . .                              | 101       |
| Goshen College Center for Intercultural and International Education . . . . .      | 102       |
| Kosciusko Community YMCA . . . . .   | 103       |
| Northern Indiana Hispanic Health Coalition, NIHHC . . . . .                        | 104       |
| Purdue Extension Elkhart County . . . . .  | 105       |

|  |            |
|--|------------|
| The Enchanted Hills Community Partnership Center . . . . .   | 105        |
| <b>Medicaid . . . . .</b>  | <b>107</b> |
| Elkhart County Division of Family Resources . . . . .  | 108        |
| Healthy Beginnings - Elkhart . . . . .   | 108        |
| Healthy Beginnings - Goshen . . . . .  | 109        |
| IU Health Goshen . . . . .   | 109        |
| Maple City Health Care Center . . . . .  | 109        |
| <b>Medical Services for Immigration . . . . .</b>  | <b>110</b> |
| Elkhart County Health Department . . . . .   | 110        |
| Maple City Health Care Center . . . . .  | 110        |
| <b>Medicare . . . . .</b>  | <b>112</b> |
| Social Security Administration Office . . . . .  | 112        |
| <b>Mental Health . . . . .</b>   | <b>114</b> |
| Addiction Recovery Center . . . . .  | 114        |
| Bowen Center . . . . .   | 114        |
| Center for Problem Resolution . . . . .  | 115        |
| Crossroad Child & Family Services AND Crossroad Counseling . . . . .                                   | 116        |
| Heather Romero, PhD, HSPP - Neuropsychologist . . . . .  | 117        |
| Life Treatment Centers . . . . .   | 117        |
| Oaklawn . . . . .  | 118        |
| Ryan's Place . . . . .   | 119        |
| The Enchanted Hills Community Partnership Center . . . . .   | 120        |
| The Gift - Nancy Rodriguez . . . . .   | 120        |
| <b>Prenatal Care, Child/Infant, and Parent Services . . . . .</b>                                      | <b>122</b> |
| B.A.B.E. (Beds and Britches, etc.) . . . . .   | 122        |
| CAPS (Child and Parent Services) . . . . .   | 123        |
| El Campito . . . . .   | 124        |
| Elkhart and St. Joseph Counties Head Start Consortium . . . . .  | 124        |
| First Steps . . . . .  | 125        |
| Healthy Beginnings . . . . .   | 126        |
| Heartline Pregnancy Center . . . . .   | 127        |
| Indiana Association for Child Care Resource and Referral (IACCRR) . . . . .                            | 127        |
| Kosciusko County Community Foundation's Good Samaritan Permanent<br>Fund and Riley Kids Fund . . . . . | 128        |
| Kosciusko County Head Start/Early Head Start, a division of Cardinal<br>Services, Inc. . . . .         | 129        |
| Kosciusko County Health Department (Health Services) . . . . .   | 130        |
| Kosciusko County WIC Program . . . . .   | 131        |
| Maple City Health Care Center . . . . .  | 132        |
| RETA . . . . .   | 133        |
| The Enchanted Hills Community Partnership Center . . . . .   | 134        |
| Warsaw Women's Center . . . . .  | 134        |
| Women's Care Center . . . . .  | 135        |
| <b>Sexually Transmitted Infections (STI) and HIV . . . . .</b>   | <b>137</b> |

|  |            |
|--|------------|
| AIDS Ministries . . . . .                          | 137        |
| Elkhart County Health Department . . . . .         | 138        |
| Heartline Pregnancy Center . . . . .               | 138        |
| Planned Parenthood of Indiana & Kentucky . . . . . | 139        |
| <b>Transportation . . . . .</b>                    | <b>141</b> |
| ACE Cab of Elkhart . . . . .                       | 141        |
| Interurban Trolley . . . . .                       | 141        |
| Kosciusko Area Bus Service (KABS) . . . . .        | 142        |
| School Transportation - Concord . . . . .          | 143        |
| School Transportation - Elkhart . . . . .          | 143        |
| School Transportation - Goshen . . . . .           | 144        |
| School Transportation - Warsaw . . . . .           | 144        |
| <b>Coupons . . . . .</b>                           | <b>152</b> |



## How to use this directory

### To use this directory, please follow these steps:

1. Be sure you know what you are looking for.  
*For example: Diabetes care*
2. Go to the Table of Contents on pages 2-6 and look up the name of the service you are interested in.  
*For example: Diabetes care is on page 3 of the Table of Contents.*
3. Identify the page number where the list of providers for your service of interest starts.  
*For example: Diabetes care starts on page 54.*
4. Go to the page where you will find the various locations available for that service. You will see their contact information, office hours, and cost, along with other information.

### The Basic Needs Assistance category, considering that there are 34 providers, is set up a little bit differently. Please read the following steps carefully:

1. Be sure you know what kind of help related with your basic needs you are looking for. The subcategories under “Basic Needs Assistance” are: education, employment programs, clothing, food, holiday help, medical assistance, referral, rent/shelter, and utilities.
2. Go to the Table of Contents on page 2 and look up the category Basic Needs Assistance.
3. Identify the page number where the list of providers for Basic Needs Assistance starts. It starts on page 8.
4. Under the title “Basic Needs Assistance”, you will find the list of subcategories and a brief explanation on that specific service. *For example: Rent/Shelter: aid with rent, temporary housing*
5. Under the name of each agency, you will find the specific service(s) offered by that agency. For example, if you are looking for a shelter, you can quickly find all the agencies that can help with this by identifying the heading “**Help with,**” which in this case would state “Rent/Shelter.” Be aware that there are agencies that provide more than one service. For example:

#### **ABC Church**

#### **Help with: Food, Rent/Shelter, and Utilities**

6. Once you identify the agencies that meet to your needs, you can find their contact information, office hours, eligibility criteria, and other information.

# Basic Needs Assistance

For your convenience, under the name of each of the 34 agencies listed below, there is a “**Help with**” hint that indicates the type of services each agency provides.

The following is the list of key words that have been used for the “**Help with**”:

**Education:** household budgeting, financial management, addiction management, case management, and health classes

**Employment Programs:** job assistance

**Clothing:** free clothing, use of washer/dryer

**Food:** pantry, soup kitchen

**Holiday Help:** children’s Christmas gifts, turkeys for Thanksgiving

**Medical Assistance:** financial assistance for prescriptions, pharmaceutical support to obtain free prescriptions, medical expenses

**Referral:** community agencies

**Rent/Shelter:** aid with rent, temporary housing

**Utilities:** aid with utility bills

Please see page 7 for a more detailed explanation of how the Basic Needs Assistance category is organized.

## Where can I get help?

### 1. American Red Cross of Northern Indiana

**Help with: Education, Medical Assistance, and Rent/Shelter**

#### Where is it?

Main office:  
3220 E. Jefferson Blvd.  
South Bend, IN 46615

Elkhart County office:  
721 Riverview Ave.  
Elkhart, IN 46516

Kosciusko County office:  
320 N. Buffalo St.  
Warsaw, IN 46580

Goshen Blood Collection Center:  
1123 S. Indiana Ave.  
Goshen, IN 46526

#### What are the phone numbers?

South Bend: (574) 234-0191  
Warsaw: (574) 267-5244

Elkhart: (574) 293-6519  
Goshen: (574) 533-8083

#### Do I need to call to make an appointment?

Yes

### **Can I speak Spanish when I call?**

Yes, if you need a translator, they will provide one.

### **Can I find information on the internet?**

Yes, at [www.redcross.org](http://www.redcross.org), type in your zip code to find your local Red Cross office.

### **What services do they provide?**

- Disaster relief, response, and preparedness.
- Lifesaving training.
- Service to military families.
- International tracing.
- Blood services.

### **What are the eligibility criteria?**

Disaster assistance is given to anyone with disaster-caused needs that are verified by a fire or police department. All other services have various eligibility criteria, such as, blood donations may only be accepted under FDA guidelines; military support can only be given to active military members or veterans; and lifesaving trainings may be provided during community classes at employer locations.

### **How much do the services cost?**

The Lifesaving training has a cost that depends on the training received.

### **What are their office hours?**

South Bend and Elkhart offices: Monday thru Friday 8:30 a.m. - 4:30 p.m.  
*(please call first)*

Goshen office: Monday thru Wednesday 12 p.m. - 6 p.m.  
Friday and Saturday 7 a.m. - 1 p.m.

Warsaw office: open only part-time and is staffed by volunteers, so please call and leave a message at the office.

The disaster response teams and military support are available 24/7, 365 days a year.

## **2. Avilla Food Pantry**

### **Help with: Food**

#### **Where is it?**

101 S. Cherry St. Avilla, IN 46710

#### **What is the phone number?**

(260) 897-3190

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide a food pantry.

**What are the eligibility criteria?**

You must live within the East Noble School District.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Tuesday 9 a.m. - 11:30 a.m.

**3. Brightpoint**

**Help with: Education, Rent/Shelter, Referral, and Utilities**

**Where is it?**

227 E. Washington Blvd.  
PO Box 10570  
Fort Wayne, IN 46853

1515 Provident Dr., Suite 270  
Warsaw, IN 46580

**What are the phone numbers?**

Scheduling line / toll free: (800) 559-2264

Fort Wayne: (260) 423-3546

Warsaw: (574) 372-3548

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.mybrightpoint.org](http://www.mybrightpoint.org)

**What services do they provide?**

*Brightpoint Development Fund:* Elkhart, Kosciusko, and Noble counties

Small business loans: offer loans for all levels of business, assistance in business plan writing and advice on legal structure, licensing, registration, taxes, marketing, and accessing business financing.

Financial Education: teaches financial basics about saving and budgeting, the banking system, credit, and strategies to improve financial health.

Housing counseling and home-buyer education are also available.

*Career Academy:* Noble County

60 hour job readiness training program that helps participants develop job

skills and conduct a successful job search. Participants have access to job placement services and a professional clothing bank.

Childcare Assistance: Elkhart, Kosciusko, and Noble counties

Helps families afford quality child care for children younger than 13. Parents must be working, going to school, or receiving job training to qualify.

Covering Kids & Families: Elkhart, Kosciusko, and Noble counties

A statewide organization committed to ensuring that all eligible children and adults are enrolled in available health care coverage programs such as Hoosier Healthwise, the Healthy Indiana Plan, or the Health Insurance Marketplace.

Early Head Start: Noble County

A home-based program that works with parents and young children up to age three. The emphasis is on maintaining a healthy pregnancy, child development, family self-sufficiency, parenting skills, and providing a smooth transition into preschool.

Energy Assistance: Noble County

Helps pay a portion of a client's winter heating bills. Summer cooling also provides air conditioners or utility bill credits in summer months depending on a family's situation.

Family Development: Noble County

A home visitation program that helps families move from poverty to self-sufficiency. Helps families use their strengths to set and accomplish goals.

Head Start: Noble County

Provides comprehensive educational, health, nutritional, and other developmental social services to low income and special needs preschool children and their families.

Jobs for America's Graduates (JAG): Noble County

Is dedicated to keeping young people in school through graduation and providing work-based learning experiences. Juniors and seniors receive mentoring while in high school and one year of follow-up counseling after graduation.

Supportive Housing: Elkhart and Noble counties

Provides rental subsidy payments for low income households. Some rental assistance is specifically designated for individuals who suffer from severe mental illness, substance abuse, and/or AIDS. These individuals must currently be in treatment with a partner agency for one of the three diagnoses.

Supportive Services for Veteran Families: Elkhart, Kosciusko, Noble, and St. Joseph counties

Designed to assist Veterans who are homeless or at risk of becoming

homeless by providing help locating stable housing, financial assistance for housing related costs, and comprehensive, holistic case management.

Weatherization: Noble County

Offers a home energy audit, energy-efficient repairs, and education. Services are available to renters and homeowners.

**How much do the services cost?**

Must meet eligibility criteria, call to obtain more information.

**What are their office hours?**

Fort Wayne: Monday thru Thursday 7:30 a.m. - 5:30 p.m.  
Friday 7:30 a.m. - 11:30 a.m.

Elkhart: Monday, Tuesday, Thursday, and Friday 8 a.m. - 4:30 p.m.  
Closed everyday 12:15 p.m. - 1:15 p.m.

Warsaw: Monday thru Thursday 8:30 a.m. - 4:30 p.m.

**4. Catholic Charities**

**Help with: Education, Food, and Referral**

**Where is it?**

1817 Miami St. South Bend, IN 46613

**What is the phone number?**

(574) 234-3111

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Sometimes.

**Can I find information on the internet?**

Yes, at [www.ccfwsb.org](http://www.ccfwsb.org)

**What services do they provide?**

Adoption services, pregnancy counseling, resource & referral, immigration services, limited refugee services, Education Creates Hope & Opportunity Program (for teen parents), Retired Senior Volunteer Program, family development, and food pantry.

**How much do the services cost?**

Only immigration and adoption services have fees, which can be provided to clients.

**What are their office hours?**

Monday thru Thursday 8 a.m. - 5 p.m.

Friday 8 a.m. - 12 p.m.

## 5. Church Community Services

### **Help with: Employment Programs, Food, Medical Assistance, Rent/ Shelter, and Utilities**

#### **Where is it?**

907 Oakland Ave., PO Box 2346  
Elkhart, IN 46516

#### **What is the phone number?**

(574) 295-3673

#### **Do I need to call to make an appointment?**

No

#### **Can I speak Spanish when I call?**

No, but paperwork is available in Spanish.

#### **Can I find information on the internet?**

Yes, at [www.churchcommunityservices.org](http://www.churchcommunityservices.org)

#### **What services do they provide?**

Free food to families in need; financial aid for rent, utilities, and medications and job and life skills training for women and men.

#### **What are the eligibility criteria?**

Call first for eligibility criteria for financial assistance. You need to provide a proof of address in Elkhart County. Clients sign an application declaring they are within the federal poverty guidelines given (*185 % of poverty*). For example, if you have a family of 3, your household monthly income must be less than \$3,051 to qualify.

#### **How much do the services cost?**

Services are free of charge.

#### **What are their office hours?**

For financial Services:

Monday thru Thursday 9 a.m. - 11:45 a.m. and 1 p.m. - 3:45 p.m.

Friday 9 a.m. - 11:45 a.m. by appointment only

For the food pantry:

Monday thru Friday 11 a.m. - 3 p.m.      Tuesday and Thursday 4 p.m. - 7 p.m.

## 6. Combined Community Services

### **Help with: Clothing, Education, Employment Programs, Food, Holiday Help, and Utilities**

#### **Where is it?**

1195 Mariners Dr. Warsaw, IN 46582

## **What is the phone number?**

(574) 269-6019

## **Do I need to call to make an appointment?**

No

## **Can I speak Spanish when I call?**

Sometimes they have bilingual volunteers and/or staff available. They do, however, have translators available at all of their large seasonal events (*Tools for School, Adopt A Family, etc*).

## **Can I find information on the internet?**

Yes, at [www.combinedcommunityservices.org](http://www.combinedcommunityservices.org)

## **What services do they provide?**

They provide Emergency Services, Self-Sufficiency, and Seasonal Programs.

Emergency Services programs: include client choice emergency food pantry, clothing and household item pantry, utility assistance, and limited furniture.

Self-Sufficiency programs:

- Project Independence: helps low income families achieve economic independence through education.
- Hand Up: provides guidance to those looking to make significant life changes such as securing employment, housing, childcare, etc. The goal of the program is to bring individuals experiencing a crisis to stability.

Seasonal programs: include Glass Slipper (*provides prom dresses to local high school students*), Tools for School (*provides school supplies to local students*), Coat Drive (*provides coats to local families*), The Toy Drive & Adopt-A-Family (*both provide Christmas assistance to local families*).

## **What are the eligibility criteria?**

For all programs, you must live in Kosciusko County (*bring a proof of address and ID*).

- Client Choice Food Pantry: can be utilized only once a month.
- Clothing and Household Pantry: can be utilized twice a month.
- Utility Assistance: varies from season to season.
- Project Independence: Must be 18, have children or be pregnant, and fall below the 125% of federal poverty guidelines.
- Hand Up: Must be 18 and meet the criteria for crisis.

## **How much do the services cost?**

Services are free of charge.



**What are their office hours?**

Monday, Tuesday, and Thursday 9 a.m. – 4 p.m.

Wednesday 9 a.m. – 12 p.m.

Friday 9 a.m. – 1 p.m. for the food pantry and 9 a.m. – 4 p.m. for the office and all other services

## 7. Community Life Center (United Pentecostal Church of Warsaw)

**Help with: Food****Where is it?**

825 N. Harrison St. Warsaw, IN 46580

**What is the phone number?**

(574) 269-1478

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.upcofwarsaw.com](http://www.upcofwarsaw.com)

**What services do they provide?**

They provide a soup kitchen.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Friday 6 p.m. – 7:30 p.m.

## 8. Elkhart General Hospital Medication Assistance Program

**Help with: Medical Assistance****Where is it?**

Elkhart General Hospital

600 East Blvd. Elkhart, IN 46514

**What is the phone number?**

(574) 389-4834

**Do I need to call to make an appointment?**

Yes, you can call for an application or to make an appointment. Applications are sent out by mail.

**Can I speak Spanish when I call?**

Yes, through our interpreter's line at (574) 524-7434

**Do I need insurance?**

No

**What services do they provide?**

They help patients apply to drug manufacturers' assistance programs.

**What are the eligibility criteria?**

You must have a primary care physician associated with Elkhart General Hospital, some income limitations, and some insurance limitations.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 8:30 a.m. – 5 p.m.

**9. Faith Lutheran Church****Help with: Food****Where is it?**

406 S. 5th St.  
Goshen, IN 46526

202 S. Greene Rd.  
Goshen, IN 46526

**What are the phone numbers?**

(574) 533-3773

(574) 533-5760

**Can I speak Spanish when I call?**

No

**Do I need to call to place my order?**

No, you have to go fill out a form, and bring the money with you before the cut off date to be able to receive your order on the distribution day. The menu changes every month.

**Can I find information on the internet?**

Yes, at [www.faithgoshen.com](http://www.faithgoshen.com)

**What services do they provide?**

They offer low cost food for families.

**How much do the services cost?**

\$35 per regular box, which is one week's worth of food for a family of four; specials are available for an additional cost. Prices vary with specialty box. You can pay with cash, check, or money order.

**What are their office hours?**

Monday thru Friday 9 a.m. - 5 p.m.

## 10. Faith Mission of Elkhart

### **Help with: Food and Rent/Shelter**

#### **Where is it?**

801 Benham Ave. Elkhart, IN 46516

#### **What is the phone number?**

(574) 293-3406

#### **Do I need to call to make an appointment?**

No, but it is important to call to find out if there are residential openings.

#### **Can I speak Spanish when I call?**

No

#### **Can I find information on the internet?**

Yes, at [www.thefaithmission.org](http://www.thefaithmission.org)

#### **What services do they provide?**

- Residence for homeless men, women, and children.
- Case management for residents of Faith Mission.
- Walk-in meals for the community 7 days a week at 12:30 p.m. and 5 p.m.

#### **What are the eligibility criteria?**

- Good standing with Faith Mission.
- Wants and warrant check from the Elkhart City Police Department.
- Faith Mission does not allow sex offenders or arsonists into their facility.

#### **How much do the services cost?**

Cost varies on a case by case basis.

#### **What are their office hours?**

Monday thru Friday 9 a.m. – 5 p.m.

## 11. Family Christian Development Center

### **Help with: Clothing, Education, Food, Holiday Help, Medical Assistance, Rent/Shelter, and Utilities**

#### **Where is it?**

151 S. Locke St. Nappanee, IN 46550

#### **What is the phone number?**

(574) 773-2149

#### **Do I need to call to make an appointment?**

It depends on the program. It is ideal to call if you don't want to wait to see an advocate. No appointment is needed for the food pantry or clothing closet.

**Can I speak Spanish when I call?**

No. However, several staff and volunteers speak at least some Spanish.

**What services do they provide?**

- Food Pantry (*Client Choice*).
- Clothing Closet (*10 'free' items per month*).
- Medication Assistance (*must have paperwork to indicate need, by appointment only*).
- Rent & Utility Assistance (*when funds are available*).
- Mentoring and Assistance with household budgeting & other Family Life Skills.
- Well-Baby Care (*free immunizations & well-baby visits up through age 2*).
- Holiday Help (*turkeys and trimmings at Thanksgiving; gift assistance for children at Christmas through 'Christmas Jubilee'*).

**What are the eligibility criteria?**

This depends on the program. For most programs, you must live within the Wa-Nee Community School District. For medication assistance, you must generally be without insurance, but there are exceptions. You must also live or have a doctor within the Wa-Nee School District.

**How much do the services cost?**

Most services are free of charge. There is a \$10 application fee for the medication assistance program. After that, medications are free or at very low cost.

**What are their office hours?**

Monday thru Friday 9 a.m. – 4 p.m. (closed from 12 p.m. – 1 p.m.)

Food pantry and service appointments: Tuesday and Thursday 1 p.m. – 4 p.m.

Baby immunizations only on Wednesdays.

**12. First United Methodist Church - Goshen****Help with: Food****Where is it?**

214 S. 5th St. Goshen, IN 46526

**What is the phone number?**

(574) 533-9518

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide a food pantry.

**What are the eligibility criteria?**

One must be referred by the Salvation Army in Goshen as well as be a Goshen resident.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 8 a.m. – 12 p.m.

### 13. Guidance Ministries

**Help with: Clothing, Education, Food, and Holiday Help****Where is it?**

216 N. Second St. Elkhart, IN 46516

**What is the phone number?**

(574) 296-7192

**Do I need to call to make an appointment?**

Appointments are only needed for educational classes and counseling. No appointment is needed for the food pantry.

**Can I speak Spanish when I call?**

No

**What services do they provide?**

- Craft club and homework club for children.
- Clothing, meals, showers, use of washers/dryers for homeless only.
- Food pantry.
- Christmas gifts, Christian counseling, case management.
- Educational classes, library, workforce ministry.
- Parent advocacy for special needs children.
- Addiction recovery classes.

**What are the eligibility criteria?**

You must have a picture ID, provide proof of address in Elkhart County, and proof of income for the food pantry and clothing only. Other services do not have requirements.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday 9 a.m. - 12 p.m.

God's Kitchen:

Food and Clothing:

Tuesday and Thursday 9 a.m. - 6:30 p.m.

Tuesday and Thursday 5 p.m. - 6 p.m.

Thursday 12 p.m. - 4 p.m.

## 14. Habitat for Humanity of Elkhart County

**Help with: Rent/Shelter****Where is it?**

2910 Elkhart Rd. Goshen, IN 46526

**What is the phone number?**

(574) 533-6109

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes (Monday thru Thursday).

**Can I find information on the internet?**

Yes, at [www.habitatec.com](http://www.habitatec.com)

**What services do they provide?**

Habitat for Humanity partners with families and the community to provide safe and affordable housing for those who otherwise would not be able to become homeowners.

**What are the eligibility criteria?**

- 1) The family's need for a better living situation.
- 2) The family's financial ability to pay for the house (0% interest for mortgage).
- 3) The family's commitment to become a partner with Habitat.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 9 a.m. - 5 p.m.

## 15. Habitat for Humanity of Kosciusko County

**Help with: Rent/Shelter****Where is it?**

107 E. Center St. Warsaw, IN 46580

**What is the phone number?**

(574) 269-4104

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**Can I find information on the internet?**

Yes, at [www.kosciuskoohabitat.com](http://www.kosciuskoohabitat.com)

**What services do they provide?**

Habitat for Humanity partners with families and the community to provide safe and affordable housing for those who otherwise would not be able to become homeowners.

**What are the eligibility criteria?**

- 1) The family's need for a better living situation.
- 2) The family's financial ability to pay for the house.
- 3) The family's commitment to become a partner with Habitat.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 9 a.m. - 5 p.m.

**16. Help Center**

**Help with: Referral**

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 130  
Warsaw, IN 46580

**What is the phone number?**

(574) 372-3500

**Do I need to call to make an appointment?**

Appointments are preferred, but walk-ins will be served if there is availability.

**Can I speak Spanish when I call?**

No

**Can I find information on the internet?**

Yes, at [www.koshelpcenter.org](http://www.koshelpcenter.org)

**What services do they provide?**

They connect people to agencies in the community that can provide

assistance and empowerment by meeting the individual's needs.

**What are the eligibility criteria?**

Must be a Kosciusko County resident

**What are their office hours?**

Monday thru Friday 9 a.m. - 4 p.m.

**17. Kosciusko County Cancer Care Fund**

**Help with: Medical Assistance**

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 130  
Warsaw, IN 46580

**What is the phone number?**

(574) 372-3500

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**Can I find information on the internet?**

Yes, at [www.koshelpcenter.org](http://www.koshelpcenter.org)

**What services do they provide?**

They provide financial assistance to any Kosciusko County resident who is undergoing cancer treatment or is in hospice, and has financial stress due to the cancer diagnosis.

**What are the eligibility criteria?**

In order to evaluate eligibility, you will need to fill out an application prior to your appointment, documenting your medical condition and household finances.

**What are their office hours?**

Monday thru Friday 9 a.m. - 4 p.m.



## 18. Kosciusko County Community Foundation's Good Samaritan Fund

### **Help with: Medical Assistance**

#### **Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 130  
Warsaw, IN 46580

#### **What is the phone number?**

(574) 372-3500

#### **Do I need to call to make an appointment?**

Yes

#### **Can I speak Spanish when I call?**

No

#### **Can I find information on the internet?**

Yes, at [www.koshelpcenter.org](http://www.koshelpcenter.org)

#### **What services do they provide?**

They provide financial assistance for medical expenses for any Kosciusko County resident.

#### **What are the eligibility criteria?**

You will need to fill out an application prior to your appointment including your financial information.

#### **What are their office hours?**

Monday thru Friday 9 a.m. - 4 p.m.

## 19. LaCasa, Inc.

### **Help with: Education and Rent/Shelter**

#### **Where is it?**

|                     |                     |
|---------------------|---------------------|
| 202 N. Cottage Ave. | 215 E. Indiana Ave. |
| Goshen, IN 46528    | Elkhart, IN 46516   |

#### **What are the phone numbers?**

Goshen: (574) 533-4450      Elkhart: (574) 296-7900

#### **Do I need to call to make an appointment?**

Yes

#### **Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, visit [www.lacasainc.net](http://www.lacasainc.net) to check all of their programs. You may also submit questions or inquiries through the website if you would like.

**What services do they provide?**

Homeownership counseling, home buyer education workshops, down payment assistance, foreclosure prevention, financial education (Money for Life), credit building programs, Individual Development savings Accounts (IDA), family-based immigration counseling, and affordable rentals.

**What are the eligibility criteria?**

LaCasa welcomes everyone to benefit from their counseling and workshops. Some grants and rentals do follow income limits (low income based).

**How much do the services cost?**

Foreclosure prevention, financial education, and credit rebuilding programs are offered free of charge. Small nominal fees are collected for other services, like homebuyer education and immigration counseling.

**What are their office hours?**

Goshen: Monday thru Friday 8:30 a.m. – 5 p.m.

Closed Monday thru Thursday 12 p.m. - 12:30 p.m. and Friday 12 p.m. - 1 p.m.

Elkhart: Monday thru Friday 9 a.m. – 5 p.m.

Closed Monday thru Friday 12 p.m. - 1 p.m.

## 20. Medication & Dental Assistance

**Help with: Medical Assistance****Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 170  
Warsaw, IN 46580

**What is the phone number?**

(574) 372-3604

**Do I need to call to make an appointment?**

No, they take walk-ins only.

**Can I speak Spanish when I call?**

No, but they have access to an interpreter when clients arrive.

**Can I find information on the internet?**

Yes, at [www.medicationanddental.com](http://www.medicationanddental.com), or you may contact them by e-mail at: [medassist@medicationanddental.com](mailto:medassist@medicationanddental.com).

### **What services do they provide?**

- This program provides vouchers to help pay for prescription medications and medical supplies at local participating pharmacies. Clients may receive three vouchers per year (\$150 limit each).
- A long-term program is also available to enroll clients in pharmaceutical company prescription assistance programs to receive a one-year supply of medication for chronic illnesses for free.

### **What are the eligibility criteria?**

- You must provide a proof of family income such as check stubs or benefit letters (such as Social Security, or unemployment). If you have no income, bring a current picture ID and Social Security Card to verify your unemployment status through Work One.
- You must provide proof of residency in Kosciusko County (picture ID with current address or a piece of mail with current address).

### **How much do the services cost?**

Services are free of charge.

### **What are their office hours?**

Monday thru Thursday 8:30 a.m. – 4:30 p.m.

Friday 8:30 a.m. – 12 p.m.

## **21. My United Way 2-1-1**

### **Help with: Referral**

#### **Where is it?**

My United Way 2-1-1 is a national dialing code for health and human service information and referral.

#### **What are the phone numbers?**

2-1-1 or toll free (877) 502-0700

#### **Can I speak Spanish when I call?**

Yes, bilingual staff are available. They can also utilize a tele-interpreter system for other languages.

#### **Can I find information on the internet?**

Yes, at [www.MyUnitedWay2-1-1.org](http://www.MyUnitedWay2-1-1.org)

#### **What services do they provide?**

2-1-1 connects individuals and families to community-based organizations including food, counseling, utility assistance, health care, transportation, housing, shelter, legal aid, clothing, education, employment programs, volunteer opportunities, disaster response assistance, and much more.

### **How much do the services cost?**

Services are free of charge. There are no charges for calls from landline phones, calls are free from most payphones. However, normal usage minutes and taxes apply to cell phones users.

Some telephones that are not yet programmed to dial 2-1-1 will produce either a “fast busy” or a “not in service” recording. If you hear either of these please use the toll free number or visit the website.

### **What are their office hours?**

24 hours a day, 365 days a year to talk to a live Information and Referral Specialist

## **22. Northern Indiana Hispanic Health Coalition, NIHHC**

### **Help with: Education, Medical Assistance, and Referral**

#### **Where is it?**

444 N. Nappanee St.  
Elkhart, IN 46514

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 140  
Warsaw, IN 46580

#### **What are the phone numbers?**

Elkhart: (574) 522-0966      Warsaw: (574) 372-3536  
Toll free: (877) 21-SALUD / (877) 217-2583

#### **Can I speak Spanish when I call?**

Yes

#### **Can I find information on the internet?**

Yes, at [www.nihhc.com](http://www.nihhc.com) and you can also find them on Facebook.

#### **What services do they provide?**

**Preventative Health Education Classes:** are offered quarterly and last between 3 and 6 sessions per class. The classes follow curriculums that have been created and approved by well-known agencies. All the programs incorporate lectures and active participation from the attendees.

- 1. Chronic Disease Self-Management Program:** focuses on changing unhealthy habits through techniques that promote the management of symptoms like stress, frustration, fatigue, and pain which are common among people who suffer from chronic diseases. This program follows a curriculum developed by Stanford University.
- 2. Search your Heart:** teaches about risk factors associated with cardiovascular diseases and stroke. It follows the curriculum of the American Heart Association. In addition, part of the program incorporates healthy recipes presented by a professional chef (i.e. a low fat recipe for the cholesterol session, or a low sodium recipe for the

blood pressure session, etc).

3. **Bienvenido or Welcome:** is a mental health program that teaches techniques to manage depression and homesickness. It follows the curriculum of Bienvenido Community Solutions, LLC.
4. **Diabetes Empowerment Education Program, DEEP:** This program's goal is to educate the participants about the warning signs of diabetes, and how to manage diabetes. It follows the curriculum of the University of Illinois in Chicago.
5. **Family Nutrition Program:** teaches techniques to improve family nutrition while on a budget. It follows the USDA and Purdue University curriculums.
6. **Take Care of your Health While Growing your Wealth:** is a program offered in conjunction with the Purdue Extension. It focuses on techniques to improve budget management and includes presentations on chronic diseases and the importance of one's health.
7. **Teeth to Treasure:** promotes good oral health, follows the American Dental Association curriculum, and is intended for children in grades 2-6.
8. **Healthy Hearts:** This curriculum, created by the NIHHC, teaches students in grades 4-6 about the heart, nutrition, and exercise. Through hands-on activities, the 6-session program aims to prevent childhood obesity by instilling the tools and knowledge needed to make healthier decisions.

**Health Fairs:** In collaboration with various health care providers and community sponsors, health screenings are offered every two months in Kosciusko County, and at least three times a year in Elkhart and Noble counties. Health screenings can also be scheduled at either NIHHC office on a regular basis.

**Outreach Activities:** In collaboration with other agencies, the NIHHC offers presentations about breast cancer, diabetes, car seat safety, infant mortality, HIV, and obesity, among others.

**Referrals:** Clients are referred to physicians and health care facilities that are attuned to the community's needs. The NIHHC also teaches the community to become more self-sufficient, by giving them a copy of the Bilingual Community Resource Directory and incentivizing their use. This directory is distributed at no-cost to local area agencies and community members.

**Community Involvement:** builds leadership by offering opportunities to serve as a volunteer, participate in trainings, and get involved in events that benefit our community as a whole.

**How much do the services cost?**

Educational classes and health screenings offered during health fairs and outreach activities are free of cost. Also, the Resource Directories are free of cost to the community. Health screenings performed at the NIHHC's offices will have a minimal cost.

**What are their office hours?**

Elkhart:

Monday thru Friday 8 a.m. - 5 p.m.

Educational classes and events are held during the evenings and weekends.

Warsaw:

Monday thru Friday 9 a.m. - 5 p.m.

## 23. Orange Township Helping Hands

**Help with: Clothing and Food****Where is it?**

725 Martin St. Rome City, IN 46784

**What is the phone number?**

(260) 318-1945

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide a food pantry, clothes, dishes, and appliances.

**What are the eligibility criteria?**

You must provide proof of low income and/or disability, a photo ID, and a bill with your name on it as proof of residency.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Every Thursday (unless it falls on a holiday) 2 p.m. – 5 p.m.

## 24. Real Services

### Help with: Utilities

#### Where are their offices and what are the phone numbers?

##### Seasonal Offices:

St. Joseph County (Main Office) (staffed year round)

Processing appointments, including crisis applications, and mail-in applications.

1151 S. Michigan St. South Bend, IN 46601

(574) 232-6501 or toll free (800) 225-3367

Elkhart County (staffed November - Mid March)

Processing appointments, including crisis applications.

Concord Mall

3701 S. Main St., Suite. 110

Elkhart, IN 46517

(574) 875-1875

Salvation Army (staffed November - February)

Processing appointments, including crisis applications.

1013 N. Main St. Goshen, IN 46528

(574) 534-2564

Kosciusko County (staffed November - February)

Processing appointments, including crisis applications.

720 E. Winona Ave. Warsaw, IN 46580

(574) 267-2699

#### Do I need to call to make an appointment?

Yes, if you have a disconnect notice, are already disconnected, or meet the federal poverty guidelines but don't have a disconnect notice or are disconnected, you can request a mail-in application.

#### Can I speak Spanish when I call?

No, but Spanish applications are available.

#### Can I find information on the internet?

Yes, at [www.realservices.org](http://www.realservices.org)

#### What services do they provide?

They help you with the payment of a gas or electric bill. This service is on a one time basis (available per heating season, November-May).

#### What are the eligibility criteria?

In order to evaluate eligibility, you have to bring proof of income for all persons in the household 18 and older, including wages, unemployment compensation, TANF, and Social Security benefits.

**What is the household required to provide?**

Social Security numbers of all household members need to be verified with either a SSN card or another official document. The household also has to provide the dates of birth of every household member, gas and electric bill, lease, and proof of homeownership. You might be asked to bring additional information if necessary.

**What are their office hours?**

Monday thru Friday 8 a.m. - 4:30 p.m.

## 25. Rx Outreach

**Help with: Medical Assistance****Where is it?**

Rx Outreach is located in St. Louis, MO and ships medication to all 50 states, Puerto Rico, Guam, and the Virgin Islands.

**What is the phone number?**

Toll free (888) 796-1234

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, at [www.rxoutreach.org](http://www.rxoutreach.org)

**What services do they provide?**

Rx Outreach is a non-profit, fully licensed pharmacy that provides access to more than 250 low price medications and diabetic supplies for low income individuals and families.

**What are the eligibility criteria?**

To enroll in the Rx Outreach program, an individual or family must earn less than 300% of the Federal Poverty Level (Individual \$35,310; family of 4 \$72,750) and have a US mailing address that is not a PO Box.

**How much do the services cost?**

There are no enrollment fees, no membership fees, no service fees, and no standard shipping fees. The price of the medication is all that you pay. Medication prices are as low as \$9 for a 90 day supply. Prices are subject to change and vary based on the medication and dosage.

**What are their office hours?**

Monday thru Friday 7:30 a.m. – 5:30 p.m.



## 26. Salvation Army – Elkhart

### **Help with: Food, Education, and Utilities**

#### **Where is it?**

300 N. Main St. Elkhart, IN 46516

#### **What is the phone number?**

(574) 970-0088

#### **Do I need to call to make an appointment?**

No

#### **Can I speak Spanish when I call?**

No

#### **What services do they provide?**

- Assistance with utility bills that are up for disconnect (water, gas, and electric bills).
- Food pantry.
- Community Breakfast Program: breakfast is served to anyone who walks in Monday thru Friday 7 a.m - 9 a.m.
- Youth programs.
- Bible study for men and women.

#### **What are the eligibility criteria?**

Utilities: In order to evaluate eligibility, you need to bring:

- Paperwork from the Township Trustee where you live that is dated within the past two weeks stating you have asked for assistance with the bill you will bring to the Salvation Army.
- Social Security cards for everyone in the household or ITIN numbers, Indiana ID.
- Proof of income - including paycheck stubs, SNAP benefits, and HUD housing benefits.
- Proof of address (a bill with your name on it).

Food: In order to evaluate eligibility, you need to bring:

- Paperwork from the Township Trustee stating you asked for food assistance if you do not receive SNAP benefits.
- Social Security cards for everyone in the household, Indiana ID.
- Proof of income - including paycheck stubs, SNAP benefits, HUD housing benefits, any Social Security benefits.

#### **How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 9 a.m. - 11:30 a.m. and 1 p.m. - 3:30 p.m.

After hours appointments are available for those working during regular hours if scheduled in advance.

## 27. Salvation Army – Goshen

**Help with: Food, Medical Assistance, and Utilities****Where is it?**

1013 N. Main St. Goshen, IN 46528

**What is the phone number?**

(574) 533-9584

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No

**What services do they provide?**

- Food pantry.
- Assistance with utility bills. Please call them first so that they can determine if you need to see the trustee before coming to them.
- Assistance with utility bills that are up for disconnect (water, NIPSCO, or AEP). The bill must be in the client's name – the person whose name is on the bill must live in the home.
- Medication once a year per family for up to \$100.
- Gasoline voucher for a verifiable medical appointment, once a year per family.

**What are the eligibility criteria?**

In order to evaluate eligibility, you need to bring a current ID, proof of your current address if not on a current ID, Social Security numbers, and provide the date of birth for everyone in the home. Proof of address is needed because they serve the 8 southern townships of Elkhart County which include: Elkhart, Benton, Clinton, Harrison, Jackson, Locke, Olive, and Union. They also serve people in the Concord and Jefferson townships with a Goshen address.

**What are their office hours?**

Monday and Friday 9 a.m. - 12 p.m. and 1 p.m. - 4 p.m.

Tuesday and Thursday 9 a.m. - 12 p.m. and 1:30 p.m. - 4 p.m.

Wednesday 9 a.m. - 12 p.m.

## 28. Salvation Army - Warsaw

**Help with: Food, Shelter, Clothing, Holiday Help, and Education**

**Where is it?**

501 E. Arthur St. Warsaw, IN 46580

**What is the phone number?**

(574) 267-5361

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

Yes, limited

**Can I find information on the internet?**

Yes, at [www.sawarsaw.org](http://www.sawarsaw.org)

**What services do they provide?**

Food pantry, rental assistance, work shoes, school shoes, Angel Tree (Christmas toys), kids' club for ages 4-18, budgeting, and other educational opportunities.

**What are the eligibility criteria?**

You must have a low income.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 8 a.m. - 11:30 a.m. (afternoons & weekends by appointment only).  
Kids' Club: Tuesday 5 p.m. – 7 p.m. (during the school year).

## 29. St. Vincent de Paul Society

**Help with: Food**

**Where is it?**

Pastoral Center – St. Vincent de Paul Catholic Church  
428 Melcher Ave. Elkhart, IN 46516

**What is the phone number?**

(574) 389-9634

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

Yes

**What services do they provide?**

Free food will be given to the first 16 people who arrive to the pantry.

**What are the eligibility criteria?**

You must show need to receive food. You must have a picture ID and a proof of address in Elkhart County. One can be referred by Church Community Services or by the Northern Indiana Hispanic Health Coalition.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Tuesday 1 p.m. - 3 p.m.

### 30. Target Pharmacy

**Help with: Medical Assistance****Where is it?**

3938 Midway Rd. Goshen, IN 46526

**What is the phone number?**

(574) 875-0610

**Can I speak Spanish when I call?**

Yes, they have Hispanic team members and an interpreter service.

**Can I find information on the internet?**

Yes, at [www.target.com/pharmacy](http://www.target.com/pharmacy)

**What services do they provide?**

Prescription services including \$4 generics and discounts on other items.

**How much do the services cost?**

Costs vary according to prescription.

**What are their office hours?**

Monday thru Friday 9 a.m. – 7 p.m.

Saturday 9 a.m. – 5 p.m.

Sunday 11 a.m. – 5 p.m.

### 31. The Beaman Home

**Help with: Clothing, Education, Food, and Shelter****Where is it?**

The location is confidential. Please call for information.

**What are the phone numbers?**

(574) 267-7701 or toll free (877) 725-9363

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

An interpreter is available during certain shifts.

**Can I find information on the internet?**

Yes, at [www.thebeamanhome.com](http://www.thebeamanhome.com), and you can find them on Facebook at [www.facebook.com/TheBeamanHome](http://www.facebook.com/TheBeamanHome)

**What services do they provide?**

- Domestic Violence Emergency Shelter provides temporary shelter, food, clothing, and other basic necessities to domestic violence victims and their children.
- DOVE Outreach Program provides assistance to domestic violence victims who do not require the Emergency Shelter Program.
- Outreach advocate provides individualized case management services and encouraging support to non-shelter clients and their children.

**What are the eligibility criteria?**

You must be a victim of domestic violence.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

The shelter is open 24 hours a day, 7 days a week.

## 32. [The Window, Inc.](#)

**Help with: Clothing, Education, Food, Medical Assistance, and Referral****Where is it?**

223 S. Main St. Goshen, IN 46526

**What is the phone number?**

(574) 533-9680

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No

**Can I find information on the internet?**

Yes, at [www.thewindowofgoshen.com](http://www.thewindowofgoshen.com)

## **What services do they provide and what are their office hours?**

Office hours: Monday, Tuesday, Wednesday, and Friday 9 a.m. - 4:30 p.m.  
Thursday 9 a.m. - 6 p.m.

Coffee and Donuts: Monday thru Friday 9 a.m. - 10 a.m.

Hot meals: Monday thru Friday 11:30 a.m. - 12:30 p.m.

Meals on Wheels: Monday thru Friday 11 a.m. - 12 p.m.

Sandwiches: Monday thru Friday 2 p.m.

Food Pantry: Monday and Friday 1 p.m. - 4 p.m.  
Tuesday 9 a.m. - 10:30 a.m.  
Thursday 9 a.m. - 10:30 a.m. and 4 p.m. - 5:30 p.m.

Clothing Closet: Thursday 9 a.m. - 12 p.m. and 4 p.m. - 5:30 p.m.

Phone Usage: Monday thru Friday 9 a.m. - 4:30 p.m.

Free printing, faxing, and referrals: Monday thru Friday 9 a.m. - 4:30 p.m.  
(Thursday until 6 p.m.)

Free washer and dryer: Monday thru Friday 9 a.m. - 1 p.m.

Free showers: Monday thru Friday 9 a.m. - 4:30 p.m. (Thursday until 6 p.m.)

Free health screenings (Center for Healing and Hope):  
once a month, every first Thursday 11:30 a.m. - 1 p.m.

Financial counseling (Oaklawn): by appointment twice a month  
Tuesday 9:30 a.m. - 2:30 p.m.  
and Thursday 2 p.m. - 5:30 p.m.

## **What are the eligibility criteria?**

You need to provide proof of address (mail with your name and address as a form of ID).

## **How much do the services cost?**

Services are free of charge except Meals on Wheels, which is a pledge.

## **33. West Noble Food Pantry**

### **Help with: Food**

#### **Where is it?**

519 Gerber St. Ligonier, IN 46767

#### **What is the phone number?**

(260) 894-3993

#### **Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide food pantry, toilet paper, and some personal items.

**What are the eligibility criteria?**

You have to be a West Noble County Resident and bring a personal ID showing West Noble address, drivers license or letter addressed to client.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Thursday 10 a.m. - 12:30 p.m. and 2:30 p.m. – 4:30 p.m.

**34. YWCA North Central Indiana****Help with: Education, Employment Programs, and Shelter****Where is it?**

Safe Haven Elkhart County  
132 State St.  
Elkhart, IN 46516

Safe Haven St. Joseph County  
1102 S. Fellows St.  
South Bend, IN 46601

**What are the phone numbers?**

Elkhart County: (574) 830-5071 or (574) 295-6596  
St. Joseph County: (574) 233-9491  
24 hour crisis toll free line: (866) YES-YWCA or (574) 294-1811

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.ywcancin.org](http://www.ywcancin.org)

**What services do they provide?**

Domestic violence & sexual assault emergency shelter, counseling, child therapist, case management, transitional housing, legal advocacy, substance abuse programs, economic empowerment classes, teen dating violence prevention education, sexual abuse support, domestic violence groups, protective services support, and working family program that provides childcare payment to provider and gas vouchers.

**What are the eligibility criteria?**

Must be a victim of domestic violence or sexual abuse and 18 or older

to receive services at the shelter. Adult clients are allowed to bring their children into the shelter. They help women, children, and men.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

The Safe Haven Shelters are open 24 hours a day.

Elkhart & South Bend office hours: Monday thru Friday 8 a.m. - 5 p.m.



# Breast and Cervical Cancer

## **What is the best method of detecting breast cancer?**

A mammogram along with a clinical breast exam (an exam done by your doctor) is the most effective way to detect breast cancer early.

## **What is a breast self-exam (BSE)?**

This is an exam that should be done every month. In this exam you are checking your own breasts for lumps or other changes. BSE should not take the place of a clinical breast exam or a mammogram.

## **What is a mammogram?**

A mammogram is a safe, low-dose x-ray of the breast.

## **When should I have a mammogram?**

- Women 40 years and older should get a mammogram every 1 to 2 years.
- Women who have had breast cancer or who have a family history of breast cancer might need to start getting mammograms before age 40 and/or more often.

Talk to your doctor about when to start and how often you should have a mammogram.

## **What is the best method of detecting cervical cancer?**

A Pap test can find early cell changes in the cervix before these changes turn into cancer. If the test finds cell changes early enough, it can prevent cervical cancer.

## **What is a Pap test?**

A Pap test is a microscopic examination of cells taken from female organs during a gynecological exam.

## **When should I have a Pap test?**

You should have a Pap test:

- About 3 years after becoming sexually active.
- No later than age 21, even if you are not sexually active.

## **How often should I have a Pap test?**

The frequency with which you need a Pap test should be discussed with your physician, but most doctors recommend a Pap test every two years.

## **Is there a program available to help me pay for my mammogram and my Pap test?**

Yes, Indiana has a program called BCCP.

## **What is the BCCP program?**

The Indiana Breast and Cervical Cancer Program (BCCP) is a statewide public health program. The BCCP provides a free Pap smear and mammogram to women who qualify for the program.

## **What are the qualifications?**

You must be an uninsured female between the ages of 30-64.

Regarding the monthly family income, the following are the federal poverty guidelines that are updated every year. They are an estimate which are subject to change by the BCCP.

- If you have a family of 2, your household monthly gross income must be less than \$2,622.
- If you have a family of 3, your household monthly gross income must be less than \$3,298.
- If you have a family of 4, your household monthly gross income must be less than \$3,975.
- If you have a family of 5, your household monthly gross income must be less than \$4,652.
- If you have a family of 6, your household monthly gross income must be less than \$5,328.
- For each additional person in the family, add \$677 to your household monthly gross income. For example, for a family of 7 members the monthly gross income must be less than ( $\$5,328 + \$677 = \$6,005$ ).

## **Who provides the BCCP program?**

### **1. Elkhart County Health Department**

#### **Where is it?**

608 Oakland Ave. Elkhart, IN 46516

#### **What is the phone number?**

(574) 523-2127

#### **Do I need to call to make an appointment?**

Yes

#### **Can I speak Spanish when I call?**

Yes, but please have an interpreter available.

#### **Do I need insurance?**

Must be uninsured

#### **Can I find information on the internet?**

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

**What services do they provide?**

Clinical breast exams and Pap smears are provided for women who qualify for the BCCP program. They make referrals to provide a mammogram for BCCP clients. Please call for more information on eligibility.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday 8 a.m. - 5 p.m.

Tuesday thru Friday 8 a.m. - 4 p.m.

## 2. Heart City Health Center

**Where is it?**

236 Simpson Ave. Elkhart, IN 46516

**What is the phone number?**

(574) 970-1456. Ask for Cindy.

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, but please bring an interpreter with you to your appointment.

**Do I need insurance?**

Only uninsured women qualify for the BCCP.

**Can I find information on the internet?**

Yes, at <http://heartcityhealth.org/en> and you can find them on Facebook at <http://www.facebook.com/HeartCityHealthCenter>

**What services do they provide?**

They provide a Pap smear and refer women for a mammogram if they qualify for the program.

**Do I need to be a patient of Heart City to receive services?**

No

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday 9 a.m. - 8 p.m.

Tuesday thru Thursday 9 a.m. – 6 p.m.

Friday 9 a.m. - 4 p.m.

### 3. Indiana Health Center

**Where is it?**

1901 W. Western Ave. Suite B  
South Bend, IN 46619

**What is the phone number?**

(574) 234-9033

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, at [www.indianahealthcenter.org](http://www.indianahealthcenter.org)

**What services do they provide?**

They provide pap smears and make referrals for mammograms for women who qualify for the BCCP program.

**What are the eligibility criteria?**

They do require that persons are patients in order to receive BCCP services, if they qualify for them. They do not accept walk-ins for non-patients.

**How much do the services cost?**

Cost is based on income. Mammograms and pap smears may be paid by the BCCP program if you qualify.

**What are their office hours?**

Monday thru Wednesday 9 a.m. - 8 p.m.  
Friday 9 a.m. - 4 p.m.

Thursday 1 p.m. – 8 p.m.  
Saturday 9 a.m. - 2 p.m.

### 4. Maple City Health Care Center

**Where is it?**

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528

**What are the phone numbers?**

(574) 534-3300

(574) 534-0088

**Do I need to call to make an appointment?**

Yes. You will also need new patient orientation.

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No, you don't need insurance, but if you have insurance, you will need to use it. They accept Medicaid and Medicare as well as commercial insurances. They have health insurance navigators to help you find and apply for health insurance.

**What services do they provide?**

They provide pap smears and make referrals for mammograms for women who qualify for the BCCP program.

**Do I need to be a patient to receive services?**

Yes

**How much do the services cost?**

The charge varies according to income (some services are paid by the BCCP program).

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

# Child Car Safety Seats

## Why does my child need to be in a car safety seat?

It is Indiana law that a child less than 8 years old must use a federally approved safety seat or booster that fits the child properly according to his/her height and weight.

## Why is it important that I have my child's car seat checked?

You should have your car seat checked to see that it will fully protect your child in case of an accident and to see if you are using the car seat properly. Also, if a car seat was purchased second-hand, the history of the car seat may be unknown, which can put your child at risk if the car seat does not function properly in the event of a vehicle crash.

## Where can I get my car seat checked?

### 1. Elkhart County Health Department / Safe Kids Elkhart County

#### Where is it?

608 Oakland Ave. Elkhart, IN 46516  
(Health Education Department)

#### What is the phone number?

(574) 523-2112

#### Do I need to call to make an appointment?

Yes

#### Can I speak Spanish when I call?

Yes, for Spanish services call either (574) 523-2283 or (574) 523-2116. You are encouraged to bring a translator to an appointment as one may not be available.

#### Can I find information on the internet?

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

#### What services do they provide?

They will check your child car safety seat.

#### Note:

- They do not give away seats.
- You must bring the car safety seat, the vehicle, and the child.

#### How much do the services cost?

Car seat inspections are free. If the seat is damaged, expired, or deemed inappropriate, the technician will work with the parent or caregiver on replacement options.

**What are their office hours?**

Monday 8 a.m. - 5 p.m.

Tuesday thru Friday 8 a.m. - 4 p.m.

Car seat appointments are scheduled regularly on the 1st and 3rd Monday of each month.

## 2. Heartline Pregnancy Center

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 180  
Warsaw, IN 46580

**What is the phone number?**

(574) 267-5110

**Do I need to call to make an appointment?**

No. Walk-ins are always welcome.

**Can I speak Spanish when I call?**

Yes

**What services do they provide?**

They provide new car seats, which can be earned through the B.A.B.E. program. You will watch an instructional video about your car seats with information on car seat safety and how to install it. The video is also available in Spanish.

**What are the eligibility criteria?**

Please bring a photo ID. They are able to serve clients regardless of their place of residence.

**What are their office hours?**

Monday 9 a.m. – 7 p.m.

Tuesday thru Thursday 9 a.m. – 5 p.m.

Friday 9 a.m. – 12 p.m.

# Dental Care

It is important to visit the dentist because regular checkups can detect early signs of oral health problems that may require treatments to prevent further damage to teeth.

## How often should I go to the dentist?

Every six months.

## Where can I find a dentist?

### 1. ABG Dental

#### Where is it?

Woodland Crossing Plaza  
2549 Prairie St.  
Elkhart, IN 46517

Linway Plaza  
622 Lincoln Ave.  
Goshen, IN 46526

#### What are the phone numbers?

Elkhart: (574) 389-8300      Goshen: (574) 534-8777  
Toll free: (877) 700-TEETH

#### Do I need to call to make an appointment?

It is preferred that you call to schedule an appointment, but they do accept emergency walk-ins.

#### Can I speak Spanish when I call?

Yes

#### Do I need insurance?

It is not required, but many forms of insurance and preferred provider networks are accepted, including Medicaid and HIP.

#### Can I find information on the internet?

Yes, at [www.ABGdental.net](http://www.ABGdental.net)

#### What services do they provide?

Services include: regular dental check-ups, cleanings, fillings, crowns, extractions, root canals, dentures, and whitening.

#### How much do the services cost?

Without Insurance:

Initial exam with X-Rays \$206.

Basic Cleaning \$71 (Can only be done after initial exam is completed).



Fillings \$98 -\$242 (fee depends on size of cavity and material used to restore).

With Insurance:

Fees are dependent upon your specific insurance plan. They can help you determine your benefit levels, what your insurance will cover, and what your financial responsibility will be.

**What are their office hours?**

Elkhart:

Monday 10 a.m. – 6 p.m.

Tuesday thru Thursday 9 a.m. - 6 p.m.

Goshen:

Monday, Tuesday, and Thursday 9 a.m. - 6 p.m.

Friday 9 a.m. - 5 p.m.

**2. Afdent**

**Where is it?**

605 W. Douglas Rd. Mishawaka, IN 46545

**What are the phone numbers?**

(574) 277-2220 or toll free (800) 325-1593 or (800) TOOTHACHE

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, they have a staff member that speaks Spanish to answer calls and translate during appointments, but they strongly encourage patients to bring a translator.

**Do I need insurance?**

It is not required, as they offer many flexible payment plans and in-house, financing. They do accept many insurance providers.

**Can I find information on the internet?**

Yes, at [www.afdent.com](http://www.afdent.com)

**What services do they provide?**

Afdent's aim is to provide everything you need in one convenient location. A few of the services they provide are: root canals, X-Rays, orthodontics, fillings, crowns and bridges, dentures, extractions and oral surgery, implants, cosmetic dentistry, including whitening, cleanings and fluoride treatments, and emergency dental care.

**How much do the services cost?**

The cost will vary depending on the patient's needs. Visit them for a no

obligation consultation and find out what your specialized treatment options are and you will know the cost from the beginning.

### **What are their office hours?**

Monday thru Friday 9 a.m. - 5 p.m.

Emergency walk-ins available 5 days a week from 9 a.m. - 3 p.m.

## **3. Dental Solutions**

### **Where is it?**

3505 N. State Road 15, Suite A (1 mile north of Wal-mart on State Road 15)  
Warsaw, IN 46582

### **What is the phone number?**

(574) 269-1199

### **Do I need to call to make an appointment?**

Yes, it is recommended.

### **Can I speak Spanish when I call?**

Yes, a dental hygienist, Dr. Stofer, and a patient coordinator speak Spanish.

### **Do I need insurance?**

No. However, they bill to all insurance companies. They offer complimentary dental benefits verification.

### **Can I find information on the internet?**

Yes, at [www.dentalsolutions.net](http://www.dentalsolutions.net) and you can also find them on Facebook.

### **What services do they provide?**

They provide cleanings and exams, emergency care, sedation dentistry, certified Invisalign provider, cosmetic dentistry, teeth whitening, dental implants, tooth-colored fillings, root canal therapy, and extractions.

### **How much do the services cost?**

#### Without insurance:

Initial exam and x-rays \$150-\$200 depending on which x-rays are necessary. A customized treatment plan outlining any fees will be provided after the initial exam.

#### With insurance:

Call to provide them with your insurance information to receive an estimate of coverage. Costs vary depending on the limitations of your insurance policy.

### **What are their office hours?**

Monday, Tuesday, and Friday 7:30 a.m. – 4:30 p.m.

Wednesday 9 a.m. – 6 p.m.

Thursday 8 a.m. – 5 p.m.

As a convenience to their patients, a patient care coordinator will be available to answer telephone calls until 5:30 p.m. each evening Monday through Thursday and until 5 p.m. on Friday.

#### 4. Healthy Beginnings

**Where is it?**

1400 Hudson St. Elkhart, IN 46516

**What is the phone number?**

(574) 522-6702

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

It is not necessary to have insurance, but the program does accept many insurance plans. Medicaid is also accepted.

**Can I find information on the internet?**

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

**What services do they provide?**

Dental care is provided for children ages 12 months through 15 years. Services include: exams, cleanings, fluoride treatments, dental sealants, and most restorative services.

**How much do the services cost?**

They offer a sliding scale fee based on income level.

**What are their office hours?**

Monday 10 a.m. - 6:30 p.m. (closed 2 p.m. - 3 p.m.)

Tuesday thru Thursday 8:00 a.m. - 4:30 p.m. (closed 12:30 p.m. - 1 p.m.)

Friday 8:30 a.m. - 12:30 p.m.

#### 5. Heart City Health Center

**Where is it?**

236 Simpson Ave. Elkhart, IN 46516

**What is the phone number?**

(574) 970-1937

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, but please bring an interpreter with you to your appointment.

**Do I need insurance?**

Insurance is not required. Medicaid is accepted.

**Can I find information on the internet?**

Yes, at <http://heartcityhealth.org/en> and you can find them on Facebook at <http://www.facebook.com/HeartCityHealthCenter>

**What services do they provide?**

The services vary and depend on the type of work the dentist is capable of providing. If for some reason the dentist cannot provide a service, the dentist will refer the patient to another dentist.

**Do I need to be a patient of Heart City to receive services?**

No, you do not need to be a patient to use the dental center.

**How much do the services cost?**

Costs are based on family size and income. Please bring a proof of income, (i.e. check stubs) and a photo ID with you to your appointment. Patients may qualify for an up to 60% discount. The minimum office visit is \$70 before any discount.

**What are their office hours?**

Monday thru Thursday 9 a.m. – 5 p.m.

## 6. Indiana Health Center

**Where is it?**

1901 W. Western Ave. South Bend, IN 46619

**What is the phone number?**

(574) 234-9033

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

It is not required, but is accepted.

**What services do they provide?**

Services include: regular dental checkups, cleanings, fillings, and tooth extractions. They do not have denture services nor do they perform oral surgery.

**How much do the services cost?**

The cost depends on family income.

**What are their office hours?**

Monday thru Thursday 9 a.m. - 5 p.m.

Friday 9 a.m. - 4 p.m.

## 7. Ligonier Dental Care

**Where is it?**

907 Lincolnway South, Ligonier, IN 46767

**What is the phone number?**

(574) 894-4044

**Do I need to call to make an appointment?**

They prefer you call for an appointment, but they accept emergency walk-ins.

**Can I speak Spanish when I call?**

Yes

**Do I need insurance and how do I pay?**

They accept Indiana Medicaid and many insurance plans. You can pay in cash, check, or money order. Payments through CareCredit are also accepted.

**Can I find information on the internet?**

Yes, at [www.ligonierdentalcare.com](http://www.ligonierdentalcare.com)

**What services do they provide?**

They provide cleanings, dentures and partials, fillings, root canals, extractions, and more.

**What are their office hours?**

Wednesday and Thursday 10 a.m. - 6 p.m.

Friday 9 a.m. – 5 p.m.

## 8. Medication & Dental Assistance

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 170  
Warsaw, IN 46580

**What is the phone number?**

(574) 372-3604

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

No, but they have access to an interpreter when clients arrive.

**Can I find information on the internet?**

Yes, at [www.medicationsanddental.com](http://www.medicationsanddental.com) or you may contact them by e-mail at:

- Service #1: [medassist@medicationsanddental.com](mailto:medassist@medicationsanddental.com)
- Service #2: [kidssmile@medicationsanddental.com](mailto:kidssmile@medicationsanddental.com)

**What services do they provide?**

- Service #1: The dental program is limited to emergency services only. Treatment provided by Kosciusko County dentists includes extractions, fillings, and root canals. Clients can receive one dental voucher per calendar year. There is a \$10 cash application fee.
- Service #2: The Kids Smile Kosciusko program serves children in 3rd grade and younger to provide dental examinations and follow-up treatment, if necessary. Vouchers are given for children to be treated by a Kosciusko County dentist. Children must have no private dental insurance coverage. This program also provides education for good dental hygiene for children 0-5 years old.

**What are the eligibility criteria?**

- Service #1: You must provide proof of family income, i.e. check stubs, benefit letters (such as Social Security, or unemployment). Also if there is no income, this must be verified by WorkOne (you must have a current picture ID and Social Security card) and proof of residency in Kosciusko County (picture ID with current address or a piece of mail with current address). There is a cash application fee of \$10.
- Service #2: If your child receives free or reduced price lunches through the schools, you can bring a statement from the school which verifies this or you must have proof of parent's income such as check stubs, benefit letters, or unemployment.

**What are their office hours?**

Monday thru Thursday 8:30 a.m. – 4:30 p.m.

Friday 8:30 a.m. – 12 p.m.

**9. Sister Maura Brannick Health Center****Where is it?**

326 S. Chapin St. South Bend, IN 46601

**What is the phone number?**

(574) 335-8222

**Do I need to call to make an appointment?**

Yes, if you are a patient of the clinic. Patients are seen by appointment only, no walk-ins. If you are not a patient, there is an application process that you will need to go through before you can be seen.

**Can I speak Spanish when I call?**

Yes, they have in-house Spanish interpreters.

**Do I need insurance?**

The clinic does not take anyone with commercial health insurance, Medicaid, Medicare, or Healthy Indiana Plan.

**What are the eligibility criteria?**

Applicants must reside in St. Joseph County and meet the clinic's financial guidelines.

**What services do they provide?**

Services include: regular dental checkup, cleanings, filling, tooth extractions, and partials.

**How much do the services cost?**

Office visits for routine dental service are \$10 for each visit.

**What are their office hours?**

Monday, Wednesday, and Thursday 8:30 a.m. - 4:30 p.m.

Tuesday 8:30 a.m. - 8 p.m.

Friday 8:30 a.m. - 12:30 p.m.

# Diabetes Care

## What is diabetes?

Most of the food we eat is turned into glucose, or sugar, for our bodies to use as energy. Diabetes is a disease in which blood glucose levels are above normal.

## Where can I get help?

### 1. Elkhart General Hospital

#### Where is it?

600 East Blvd. Elkhart, IN 46514

#### What are the phone numbers?

(574) 296-6555 or (574) 523-3297

#### Do I need to call to make an appointment?

Yes. A doctor's note or referral is necessary.

#### Can I speak Spanish when I call?

Yes, if you call the interpreters' line at (574) 524-7434. To receive diabetes information in Spanish, you may call Dame Tu Mano at (574) 524-7517.

#### Do I need insurance?

No, but insurance will cover some costs.

#### What services do they provide?

They provide diabetes education classes, gestational diabetes education classes, and registered dietitian consultations.

#### How much do the services cost?

Call in advance to verify the cost at (574) 523-3365, Patient Accounts.

#### What are their office hours?

Monday thru Friday 8 a.m. - 4 p.m. Other times are available by appointment.

### 2. Heart City Health Center

#### Where is it?

##### Simpson:

236 Simpson Ave.  
Elkhart, IN 46516

##### Scenic:

148 W. Hively Ave.  
Elkhart, IN 46517



**What are the phone numbers?**

Simpson:  
(574) 293-0052

Scenic:  
(574) 350-2500

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, but please bring an interpreter with you to your appointment.

**Do I need insurance?**

Insurance is not required. They accept Medicaid and Medicare.

**Can I find information on the internet?**

Yes, at <http://heartcityhealth.org/en> and you can find them on Facebook at <http://www.facebook.com/HeartCityHealthCenter>

**What services do they provide?**

They provide diabetes medication and family doctor for managing diabetes.

**Do I need to be a patient of Heart City to receive services?**

Yes

**How much do the services cost?**

Costs are based on family size and income. Please bring in proof of income (i.e. check stubs) with you to your appointment. Patients may qualify for up to a 90% discount. The minimum office visit is \$20.

**What are their office hours?**

Simpson:  
Monday 9 a.m. - 8 p.m.  
Tuesday thru Thursday 9 a.m. - 6 p.m.  
Friday 9 a.m. - 4 p.m.

Scenic:  
Tuesday 9 a.m. - 6 p.m.  
Wednesday 11 a.m. - 5 p.m.  
Thursday 11 a.m. - 8 p.m.  
Friday 9 a.m. - 4 p.m.  
Saturday 9 a.m. - 6 p.m.

### 3. Indiana Health Center

**Where is it?**

1901 W. Western Ave. South Bend, IN 46619

**What is the phone number?**

(574) 234-9033

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No

**What services do they provide?**

They provide diabetes medication and family doctor services for managing diabetes.

**How much do the services cost?**

They offer a sliding scale fee.

**What are their office hours?**

Monday thru Wednesday 9 a.m. - 8 p.m.

Thursday 1 p.m. - 8 p.m.

Friday 9 a.m. - 4 p.m.

Saturday 9 a.m. - 2 p.m.

**4. Maple City Health Care Center**

**Where is it?**

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528

**What are the phone numbers?**

(574) 534-3300

(574) 534-0088

**Do I need to call to make an appointment?**

Yes. You will also need new patient orientation.

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No, you don't need insurance, but if you have insurance, you will need to use it. They accept Medicaid and Medicare as well as commercial insurance. They have health insurance navigators to help you find and apply for health insurance.

**What services do they provide?**

They provide diabetes patient care and diabetes management classes.

**Do I need to be a patient to receive services?**

Yes

**How much do the services cost?**

The charge varies according to income.

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

**5. Memorial Latino Outreach****Where is it?**

Leighton Center  
534 N. Michigan St. South Bend, IN 46601

**What is the phone number?**

(574) 647-1359

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No

**What services do they provide?**

They provide diabetes education, classes for managing diabetes, diabetes support groups, blood pressure screenings, weight, foot checks, information regarding medicine consumption, check blood circulation, and recipes for meals.

**How much do the services cost?**

The cost is minimal or free.

**What are their office hours?**

Monday 9 a.m. - 7 p.m.  
Class schedules vary.

Tuesday thru Friday 8 a.m. - 5 p.m.

# Discrimination Services

## 1. City of Elkhart Human Relations Commission

### **Where is it?**

229 S. Second St. Elkhart, IN 46516

### **What is the phone number?**

(574) 294-5471 Ext. 311

### **Do I need to call to make an appointment?**

No

### **Can I speak Spanish when I call?**

Yes

### **Can I find information on the internet?**

Yes, at [www.elkhartindiana.org](http://www.elkhartindiana.org) > Departments > Human Relations

### **What services do they provide?**

They receive complaints and investigate issues regarding discrimination in employment, housing, education, and public accommodation based on race/color, national origin, ancestry, religion, age, disability, or sex (and familial status for housing only).

### **How much do the services cost?**

Services are free of charge.

### **What are their office hours?**

Monday thru Friday 8 a.m. – 5 p.m.

Wednesday after 5 p.m. (appointments only).

# Elderly Services and Hospice Care

## What is a nursing home?

A nursing home is a community facility where the elderly or infirm live and are provided living and healthcare assistance.

## What is hospice care?

Hospice care is a service where the primary purpose is to help terminal patients have peace, comfort, and dignity. Usually, a hospice patient is expected to live 6 months or less.

## Where can I find services for the elderly?

### 1. AseraCare Hospice

#### Where is it?

700 E. Beardsley Ave. Elkhart, IN 46514

#### What are the phone numbers?

(574) 206-1875 or toll free (877) 397-5844

#### Can I speak Spanish when I call?

No, but if needed, a translator will be present during appointments.

#### Do I need insurance?

Insurance is not required, but private insurance, Medicaid, and Medicare are accepted.

#### Can I find information on the internet?

Yes, at [www.aseracare.com](http://www.aseracare.com)

#### What services do they provide?

They provide comfort care for end of life and bereavement services for families.

#### What are the eligibility criteria?

Terminal illness certified by a doctor of having 6 months or less without aggressive treatment.

#### How much do the services cost?

Their services are covered 100% by insurance, Medicare, or Medicaid. If you have none of those, they will take your financial information and see if you qualify for assistance.

#### What are their office hours?

Monday thru Friday 8 a.m. - 5 p.m.

Nurses are on call 24 hours a day, 7 days a week.

## 2. Center for Hospice Care

### **Where is it?**

22579 Old U.S. 20 East, Elkhart, IN 46516

### **What are the phone numbers?**

(574) 264-3321 or toll free (800) HOSPICE

### **Do I need to call to make an appointment?**

Yes, you need to make an appointment for a staff member to come and visit.

### **Can I speak Spanish when I call?**

Yes, language line service assistance is available. Also, an interpreter is available as needed.

### **Do I need insurance and how much do the services cost?**

Services from Center for Hospice Care are typically covered by Medicare, Medicaid, or private insurance. No one is ever turned away for inability to pay.

### **Can I find information on the internet?**

Yes, at [www.cfhcare.org](http://www.cfhcare.org)

### **What services do they provide?**

Care to patients and families at end of life (6 months).

### **What are their office hours?**

Business hours are Monday thru Friday 8 a.m. – 5 p.m. Care staff is available by phone 24 hours a day, 7 days a week.

## 3. Council on Aging of Elkhart County, Inc.

### **Where is it?**

230 E. Jackson Blvd. Elkhart, IN 46516

### **What is the phone number?**

(574) 295-1820

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

No

### **Can I find information on the internet?**

Yes, at [www.elkhartcoa.org](http://www.elkhartcoa.org)

**What services do they provide?**

Transportation is available to those who are under 60 and have Medicaid, in-home case management, attendant care, homemaking services, foot clinic, SHIP counseling for those on or about to become eligible for Medicare, money management, PEARLS (Program to Encourage Active and Rewarding Lives), senior activity/lunch sites, and referrals for services.

**What are the eligibility criteria?**

Age 55 and older for all services except transportation, attendant care, and homemaker services.

**How much do the services cost?**

Many of their services are free, however, some services require a fee.

**What are their office hours?**

Office:

Monday thru Friday 8 a.m. – 4:30 p.m.

Transportation:

Monday thru Friday 6 a.m. – 6 p.m. and Saturday 8 a.m. – 5 p.m.

#### 4. Kosciusko Home Care & Hospice, Inc.

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 250  
Warsaw, IN 46580

**What are the phone numbers?**

(574) 372-3401 or toll free (866) 359-3403

**Do I need to call to make an appointment?**

It is helpful, but not necessary.

**Can I speak Spanish when I call?**

Yes, please ask for interpreter.

**Can I find information on the internet?**

Yes, at [www.koshomecare.org](http://www.koshomecare.org)

**What services do they provide?**

They provide home health care, hospice care, lifeline, and private duty care.

**What are the eligibility criteria?**

Doctor must order the patient to home health care or hospice.  
Lifeline is available to anyone for a monthly fee.

**How much do the services cost?**

Services are typically covered by Medicare, Medicaid, or private insurance.

**What are their office hours?**

Monday thru Friday 8 a.m. - 4:30 p.m.

Nurses are on call 24 hours a day, 7 days a week.



# Eye Doctor

## Where can I get an eye doctor?

### 1. Dr. Rod Kaufman, Optometrist, Inc.

**Where is it?**

406 N. Huntington St. Syracuse, IN 46567

**What is the phone number?**

(574) 457-4476

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No, however the doctor speaks Spanish.

**Can I find information on the internet?**

Yes, at [www.drrodkaufman.com](http://www.drrodkaufman.com)

**What services do they provide?**

They provide glasses, contacts, diagnosis, and treatment of eye diseases.

**How much do the services cost?**

Cost depends on the service needed.

**What are their office hours?**

Tuesday, Wednesday, and Friday 8:30 a.m. – 5 p.m.

Thursday 8:30 a.m. – 6 p.m.

Saturday 8 a.m. – 12:30 p.m.

### 2. James Myers, O.D.

**Where is it?**

1789 E. Bristol St. Elkhart, IN 46514

**What is the phone number?**

(574) 262-3631

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No



#### 4. Wal-mart Vision Center – Elkhart (County Road 6)

**Where is it?**

175 County Road 6 W. Elkhart, IN 46514

**What is the phone number?**

(574) 266-7465

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide vision-related services.

**How much do the services cost?**

Cost depends on the service needed.

**What are their office hours?**

Monday thru Friday 9 a.m. - 8 p.m.

Saturday 8 a.m. - 7 p.m.

Sunday 12 p.m. - 5 p.m.

#### 5. Wal-mart Vision Center – Elkhart (Old US 20)

**Where is it?**

30830 Old US 20, Elkhart, IN 46514

**What is the phone number?**

(574) 674-6106

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide full eye exams and sell glasses, contacts, and frames. Your order will be ready for pick up within 10 business days.

**How much do the services cost?**

The cost for an eye exam to get glasses is \$54 dollars, for contacts: \$84 - 94 . If you have vision insurance, the cost will depend on your insurance company coverage.

**What are their office hours?**

Doctor:

Monday 11 a.m. - 6:30 p.m.

Friday 10 a.m. - 5 p.m.

Vision Center:

Monday - Friday 9 a.m. - 8 p.m.

Saturday 8 a.m. - 7 p.m.

Sunday 12 p.m. - 5 p.m.

**6. Wal-mart Vision Center – Goshen**

**Where is it?**

2304 Lincolnway E. Goshen, IN 46526

**What is the phone number?**

(574) 534-9739

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide vision-related services.

**How much do the services cost?**

Eye glass exam: \$60, contact lens exam: \$104

**What are their office hours?**

Monday thru Friday 9 a.m. - 8 p.m.

Saturday 9 a.m. - 7 p.m.

Sunday 12 p.m. - 5 p.m.

**7. Wal-mart Vision Center – Mishawaka**

**Where is it?**

316 Indian Ridge Blvd. Mishawaka, IN 46545

**What is the phone number?**

(574) 243-9714

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide full eye exams and sell glasses, frames, and contacts, with or without prescription.

**How much do the services cost?**

The cost for an eye exam to get glasses is \$43 dollars, for contacts: \$70 - \$86 dollars . Glasses start at \$38 and contacts start at \$20 depending on the brand and prescription.

**What are their office hours?**

Monday - Friday 9 a.m. - 5 p.m.

Saturday 8 a.m. - 7 p.m.

Sunday 12 p.m. - 5 p.m.

## 8. Wal-mart Vision Center – South Bend

**Where is it?**

3701 Portage Road, South Bend, IN 46628

**What is the phone number?**

(574) 243-7418

**Do I need to call to make an appointment?**

No, but preferred.

**Can I speak Spanish when I call?**

No, but if you visit the Vision Center, they can call the hotline and ask for a translator to assist you.

**What services do they provide?**

They provide full eye exams and sell glasses, frames, and contacts, with or without prescription.

**How much do the services cost?**

Sale of glasses starting at \$38, frames starting at \$9, contacts starting at \$14, depending on the needs or prescription. An eye exam for glasses is \$49 and between \$79 and \$89 for contacts.

**What are their office hours?**Vision Center:

Monday - Friday 9 a.m. - 8 p.m.

Saturday 8 a.m. - 7 p.m.

Sunday 12 p.m. - 5 p.m.

Doctor:

Tuesday and Thursdays 10 a.m. - 6 p.m.

Saturday 9 a.m. - 12 p.m.

# Family Doctor and Medical Services

## Where can I get a family doctor?

### 1. Center for Healing and Hope

#### Where is it?

Plymouth United Church of Christ  
902 S. Main St.  
Goshen, IN 46526

Grace Lutheran Church  
831 W. Marion St.  
Elkhart, IN 46516

#### What is the phone number?

(574) 534-4744

#### Do I need to call to make an appointment?

No, a limited number of patients are seen on a first-come, first-served basis.

#### Can I speak Spanish when I call?

Yes

#### Do I need insurance?

No

#### What services do they provide?

They provide urgent care medical services for individuals with few resources and who don't have a doctor.

#### How much do the services cost?

They accept a donation of \$40 to see the doctor. Patients may apply for a sliding scale fee.

#### What are their office hours?

Goshen: Tuesday and Thursday 4:15 p.m. – 5:30 p.m. or until full  
Friday 8:15 a.m. – 9:30 a.m. or until full

Elkhart: Monday 4:15 p.m. – 5:30 p.m. or until full

### 2. Goshen Family Physicians

#### Where is it?

1811 Charlton Ct. Goshen, IN 46526

#### What is the phone number?

(574) 534-8200

#### Do I need to call to make an appointment?

Yes

**Can I speak Spanish when I call?**

Most of the time.

**Do I need insurance?**

No

**What services do they provide?**

They provide complete family medical care including obstetrics.

**How much do the services cost?**

Costs vary.

**What are their office hours?**

Monday thru Friday 8 a.m. – 5 p.m.

Saturday 8 a.m. – 12 p.m.

### 3. Heart City Health Center

**Where is it?**

Simpson:

236 Simpson Ave.

Elkhart, IN 46516

Scenic:

148 W. Hively Ave.

Elkhart, IN 46517

**What are the phone numbers?**

Simpson:

(574) 293-0052

Scenic:

(574) 350-2500

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, but please bring an interpreter with you to your appointment.

**Do I need insurance?**

Insurance is not required. They accept Medicaid and Medicare.

**Can I find information on the internet?**

Yes, at <http://heartcityhealth.org/en> and you can find them on Facebook at <http://www.facebook.com/HeartCityHealthCenter>.

**What services do they provide?**

They provide annual exams, disease management, family doctor, health education, lab work analysis, on-site pharmacy (the pharmacy is open to the public), physical exams for children and adults, and vaccinations. They also provide TB testing, which is done at HCHC. All positive results are referred to the Elkhart County Health Department.

**How much do the services cost?**

Costs are based on family size and income. Please bring in proof of income

(i.e. check stubs) with you to your appointment. Patients may qualify for up to a 90% discount. The minimum office visit is \$20.

### **What are their office hours?**

Simpson:

Monday 9 a.m. - 8 p.m.  
Tuesday thru Thursday 9 a.m. - 6 p.m.  
Friday 9 a.m. - 4 p.m.

Scenic:

Tuesday 9 a.m. - 6 p.m.  
Wednesday 11 a.m. - 5 p.m.  
Thursday 11 a.m. - 8 p.m.  
Friday 9 a.m. - 4 p.m.  
Saturday 9 a.m. - 6 p.m.

## **4. Indiana Health Center**

### **Where is it?**

1901 W. Western Ave. South Bend, IN 46619

### **What is the phone number?**

(574) 234-9033

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

Yes

### **Do I need insurance?**

It is not required, but is accepted.

### **What services do they provide?**

Family doctor, OB/GYN, pediatrics, and internal medicine.

### **How much do the services cost?**

The cost of service varies depending on family income. They offer a sliding scale fee.

### **What are their office hours?**

Monday thru Wednesday 9 a.m. - 8 p.m.      Thursday 1 p.m. - 8 p.m.  
Friday 9 a.m. - 4 p.m.      Saturday 9 a.m. - 2 p.m.

## **5. Maple City Health Care Center**

### **Where is it?**

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528



**What are the phone numbers?**

(574) 534-3300

(574) 534-0088

**Do I need to call to make an appointment?**

Yes. You will also need new patient orientation.

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No, you don't need insurance, but if you have insurance, you will need to use it. They accept Medicaid and Medicare as well as commercial insurance. They have health insurance navigators to help you find and apply for health insurance.

**What services do they provide?**

Family doctor services.

**How much do the services cost?**

The charge varies according to income.

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

## 6. Masterson Chiropractic

**Where is it?**

725 E. Market St. Warsaw, IN 46580

**What is the phone number?**

(574) 267-7051

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**Do I need insurance?**

No, but they accept Medicare, Medicaid, and all area insurance policies.

**Can I find information on the internet?**

Yes, at [www.masterchiro.com](http://www.masterchiro.com)

**What services do they provide?**

Chiropractic adjustments and physical therapy

**How much do the services cost?**

Cost varies with the type of service

### **What are their office hours?**

Monday, Tuesday, Wednesday, and Friday 9 a.m. - 12 p.m. and 2 p.m. - 6 p.m.

## **7. Parkview Physicians Group**

### **Where is it?**

2300 Dubois Dr.  
Warsaw, IN 46580

112 S. Main St.  
Milford, IN 46541

### **What are the phone numbers?**

Warsaw: (574) 267-6778

Milford: (574) 658-3500

### **Do I need to call to make an appointment?**

Yes. Same day appointments are also available.

### **Can I speak Spanish when I call?**

Yes

### **Do I need insurance?**

No

### **What services do they provide?**

They provide OB/GYN services, same day sick appointments, physicals, geriatrics, pediatrics, and total family care.

### **How much do the services cost?**

A 50% discount is available to self-pay patients when paid at the time of the service. Prices vary based on the type of appointment. If the patient has no insurance, payment is due at the time of visit.

### **What are their office hours?**

Warsaw:

Monday thru Thursday 8 a.m. – 7 p.m.  
Friday 8 a.m. – 5 p.m.  
Saturday 9 a.m. – 1 p.m.

Milford:

Monday thru Friday 8 a.m. – 5 p.m.

## **8. Project Homecoming Medical Clinic**

### **Where is it?**

701 S. Main St. South Bend, IN 46601

### **What is the phone number?**

(574) 235-7990

### **Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**Do I need insurance?**

No

**What services do they provide?**

Family practice services.

**How much do the services cost?**

Costs are based on income. Services are mainly provided to homeless people.

**What are their office hours?**

Monday thru Wednesday 8 a.m. - 4 p.m.

Thursday 12 p.m. - 4 p.m.

Friday 8 a.m. - 3 p.m.

1st Saturday of the month 8 a.m. - 1 p.m.

## 9. Saint Joseph Family Medicine Center

**Where is it?**

611 E. Douglas Rd., Suite 407

Mishawaka, IN 46545

**What is the phone number?**

(574) 335-6500

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Phone operators only speak English. They will transfer the call to an interpreter if needed.

**Do I need insurance?**

No, you can apply for financial assistance if you don't have insurance. They do require documentation for an application.

**What services do they provide?**

Family practice services, pediatrics, obstetrics services (OB), and podiatry.

**How much do the services cost?**

If you don't apply for help, the costs run from \$57 to \$256. They offer a prompt pay discount of 30% if the patient has no insurance and doesn't qualify for assistance.

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 8 a.m. - 11:30 a.m. and 12:30 p.m. - 4:30 p.m.

Wednesday 12:30 - 4:30 p.m.

## 10. Sister Maura Brannick Health Center

### **Where is it?**

326 S. Chapin St. South Bend, IN 46601

### **What is the phone number?**

(574) 335-8222

### **Do I need to call to make an appointment?**

Yes, if you are a patient of the clinic. Patients are seen by appointment only, no walk-ins. If you are not a patient, there is an application process that you will need to go through before you can be seen.

### **Can I speak Spanish when I call?**

Yes, they have in-house Spanish interpreters.

### **Do I need insurance and what are the eligibility criteria?**

- The clinic does not take anyone with commercial health insurance, Medicaid, Medicare, or Healthy Indiana Plan.
- Applicants must reside in St. Joseph County and meet the clinic's financial guidelines.

### **What services do they provide?**

Family physicians, internist, gynecology (GYN), dermatology, ophthalmology, orthopedics, counseling, dental, podiatry, pharmacy, diabetes education, and cardiology.

### **How much do the services cost?**

Office visits to the medical clinic are \$5 for each visit.

### **What are their office hours?**

Monday, Wednesday, and Thursday 8:30 a.m. - 4:30 p.m.

Tuesday 8:30 a.m. - 8 p.m.

Friday 8:30 a.m. - 12:30 p.m.

## 11. The Medical Foundation

### **Where is it? What are the phone numbers? And what are their office hours?**

#### South Bend:

Outpatient Location:

530 N. Lafayette Blvd.

South Bend, IN 46601

(574) 234-4176

Monday thru Friday 7:30 a.m. - 5 p.m.

Saturday 7:30 a.m. - 12 p.m.

Blood Donor Center:

530 N. Lafayette Blvd.

South Bend, IN 46601

(574) 234-1157

Monday thru Friday 8 a.m. - 4:30 p.m.

Saturday 7:30 a.m. - 2 p.m.

University Commons Medical Plaza:  
6301 University Commons, Suite 410  
South Bend, IN 46635  
(574) 234-4176  
Monday thru Friday 7:30 a.m. - 5 p.m. (closed 1 p.m. - 2 p.m.)

Mishawaka:

Outpatient Location:

118 W. Edison Rd.  
Mishawaka, IN 46545  
(574) 234-4176

Monday thru Friday 7:30 a.m. - 8 p.m.  
Saturday 7:30 a.m. – 2 p.m.

Blood Donor Center:

118 W. Edison Rd.  
Mishawaka, IN 46545  
(574) 234-1157

Monday thru Friday 7:30 a.m. - 8 p.m.  
Saturday 7:30 a.m. – 2 p.m.

Elm Road Medical Campus:

60101 Bodnar Blvd. Suite 110  
Mishawaka, IN 46544  
(574) 234-4176

Monday thru Friday 8 a.m. - 5 p.m.  
(closed 1 p.m. - 2 p.m.)

Mishawaka Location:

303 S. Main St.  
Mishawaka, IN 46544  
(574) 234-4176

Monday thru Friday 7:30 a.m. - 5 p.m.

Elkhart:

Elkhart General Blood Bank - Elkhart General Hospital:

Ground Floor

600 East Blvd. Elkhart, IN 46514  
(574) 523-3329

Monday, Tuesday, and Thursday 12 p.m. - 8 p.m.  
Wednesday 7:30 a.m. – 4 p.m.

Goshen:

Outpatient Location:

2120 Rieth Blvd. Goshen, IN 46526  
(574) 234-4176

Monday thru Friday 8 a.m. - 5 p.m. (closed 1 p.m. - 2 p.m.)

**What are the phone numbers?**

(574) 234-4176 or toll free (800) 544-0925

**Do I need to call to make an appointment?**

No, walk-ins are welcome. If donating blood, you can make an appointment at [www.givebloodnow.com](http://www.givebloodnow.com) or call The Medical Foundation.

**Can I speak Spanish when I call?**

An interpreter can be scheduled if needed, but arrangements will need to be made ahead of time.

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, laboratory information and a complete listing of their locations can be found at [www.sbmf.org](http://www.sbmf.org). To learn more about Direct Access Testing (without a doctor's order) see [www.YourDirectTest.com](http://www.YourDirectTest.com) for a list of available tests.

**What services do they provide?**

Laboratory services and blood donor services.

**How much do the services cost?**

Laboratory fees vary by the type of testing performed. A 50% discount is available to patients who pay in full at the time of service (Time of Service Discount). There is no cost to donate blood.

# Family Planning

## What is family planning?

Family planning is deciding the actions that will be taken to either become or not become pregnant or delay a pregnancy for economic or health reasons.

## Where can I get family planning services?

### 1. Maple City Health Care Center

#### Where is it?

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528

#### What are the phone numbers?

(574) 534-3300

(574) 534-0088

#### Do I need to call to make an appointment?

Yes. You will need new patient orientation.

#### Can I speak Spanish when I call?

Yes

#### Do I need insurance?

No, you don't need insurance, but if you have insurance, you will need to use it. They accept Medicaid and Medicare as well as commercial insurance. They have health insurance navigators to help you find and apply for health insurance.

#### What services do they provide?

They provide information on different family planning techniques and options.

#### Do I need to be a patient to receive services?

Yes

#### How much do the services cost?

The charge varies according to income.

#### What are their office hours?

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

## 2. Northern Indiana Maternal & Child Health Network, NIMCHN Family Planning

### **Where is it?**

2307 E. Center St. Warsaw, IN 46580

### **What is the phone number?**

(574) 306-2298

### **Do I need to call to make an appointment?**

Appointments are preferred, but not necessary.

### **Can I speak Spanish when I call?**

Yes

### **Can I find information on the internet?**

Yes, at [www.nimchn.com](http://www.nimchn.com) and you can find them on Facebook at Nimchn-Family-Planning-Warsaw.

### **Do I need insurance?**

No

### **What services do they provide?**

Birth Control, HIV Testing, Pap Smears, Sexually Transmitted Infections Testing, Pregnancy Testing, Enrollment into insurance, Medicaid, HIP 2.0, or in the Health Insurance Market Place.

### **What are the eligibility criteria?**

Must be able to have children. If you've had a hysterectomy or are in menopause, they are unable to see you. There is no age limit to apply for insurance through them.

### **How much do the services cost?**

All services are based on a sliding scale fee and no one will be turned away for their inability to pay.

### **What are their office hours?**

Tuesday and Wednesday 9 a.m. – 5 p.m.      Thursday 11 a.m. – 7 p.m.

## 3. Planned Parenthood of Indiana & Kentucky

### **Where is it?**

PPINK has 25 health centers statewide with two locations serving north central Indiana.

505 S. 3rd St., Suite 160  
Elkhart, IN 46516

3005 Grape Rd. Suite B  
Mishawaka, IN 46545



**What are the phone numbers?**

(800) 230-PLAN will automatically connect you with the closest health center.

Elkhart (574) 294-7561

Mishawaka (574) 255-9555

**Do I need to call to make an appointment?**

Yes, all appointments are required except for the Emergency Contraception (morning after pill).

**Can I speak Spanish when I call?**

Yes, Spanish-speaking staff is immediately available in Elkhart. Language assistance is available in other locations and can be used if no call center representative speaks Spanish.

**Do I need insurance?**

They provide health care for both insured and uninsured patients. They accept many forms of insurance, including Medicaid. They can help you apply for HIP and Medicaid.

**Can I find information on the internet?**

Yes, at [www.PPINK.org](http://www.PPINK.org)

**What services do they provide?**

They provide birth control of all kinds, emergency contraception, annual well-woman exams, cholesterol (at the Mishawaka location only), HPV testing, pap tests, pregnancy tests, breast exams, testicular exams, information, and referrals. They also offer sexuality educational classes.

**How much do the services cost?**

Fees for services vary. Health center staff can provide fee information over the phone or during your appointment. A sliding scale fee is available at the Elkhart facility, and financial assistance is available on a case-by-case basis in Mishawaka.

**What are their office hours?**Elkhart:

Monday 9 a.m. - 1:30 p.m.

Wednesday 10 a.m. - 7 p.m.

Friday 9 a.m. - 5 p.m.

Mishawaka:

Monday and Tuesday 9 a.m. - 5 p.m.

Thursday 11 a.m. - 8 p.m.

Friday 9 a.m. - 2 p.m.

# Hoosier Healthwise

## What is Hoosier Healthwise?

Hoosier Healthwise is a special program within the state's Medicaid Office that provides health and medical coverage to certain lower income families, children, and pregnant women in Indiana.

## What are the various packages available in the Hoosier Healthwise program?

There are several coverage categories listed in the chart below, and the code meanings can be found after the following table.

For example: For a family of four the poverty guideline is \$24,250 a year. So 106% of the FPL would be \$22,795 and 158% would be \$10,185.

Definitions for abbreviations:

FPL - Federal Poverty Level

MAGI - Modified Adjusted Gross Income

MAGF- Parents and/or children – NOT receiving Medicare may qualify for this category.

MA O- Children under the age of 21 that reside in a psychiatric facility may qualify for this category

MA 2- Children ages 6-19 living 106% below the FPL

MA E- Family planning living 141% below the FPL

MA Z- Children living 141% below the FPL

MA 9- Children ages 1-19 living 158% below the FPL

MAGP- For pregnant women living 208% below the FPL

MA Y- Children 0-1 living 208% below the FPL

MA 14- Children that were wards of the state on their 18th birthday, ages 18-25 living 210% below the FPL

MA 10/CHIP- Children's Healthy Indiana Plan for children ages 0-19 living 250% below the FPL

MA Q- Children and adults that are refugees

MARB/ MASB- Family members between 19 and 64 years old, State Basic Health Plan living 100% below the FPL

MARP/MASP/MANA- Family members between 19 and 64 years old, Plus Health Plan paying into the Power Account

Every family is different. If you have children with special needs, there are more specific categories for each situation. If you are unsure if you fit in one of these categories, please contact the office to speak with the case manager for more

| Modified Adjusted Gross Income (MAGI) Health Coverage Resource and Income Standard Charts |                              |             |                      |                                 |                      |                                  |           |                            |           |                        |                        |
|---|------------------------------|-------------|----------------------|---------------------------------|----------------------|----------------------------------|-----------|----------------------------|-----------|------------------------|------------------------|
| See "Definitions for Abbreviations" for Plan Information                                  |                              |             |                      |                                 |                      |                                  |           |                            |           |                        |                        |
|   | MAGF                         | MA 0        | MA 2                 | MA E/ MA Z                      | MA 9                 | MAGP/ MA Y                       | MA 14     | MA 10                      | MA Q      | MARB/ MASB             | MARP/ MASP/ MANA       |
| Description   | Parent/Caretaker w/ Medicare | <21 yrs-PSY | 6-19 yrs<br>106% FPL | Fam Plan<br>1-5 yrs<br>141% FPL | 1-19 yrs<br>158% FPL | Pregnancy<br>0-1 yrs<br>208% FPL | 2.10% FPL | CHIP<br>19 yrs 250%<br>FPL | 0-19 yrs  | 19-64 yrs*<br>100% FPL | 19-64 yrs*<br>133% FPL |
| Family Size   |                              |             |                      |                                 |                      |                                  |           |                            |           |                        |                        |
| 1   | \$ 152                       | \$ 152      | \$ 1,040             | \$ 1,383                        | \$ 1,550             | \$ 2,041                         | \$ 2,060  | \$ 2,453                   | \$ 139.50 | \$ 981                 | \$ 1,305               |
| 2   | \$ 247                       | \$ 247      | \$ 1,408             | \$ 1,872                        | \$ 2,098             | \$ 2,762                         | \$ 2,788  | \$ 3,319                   | \$ 229.50 | \$ 1,328               | \$ 1,766               |
| 3   | \$ 310                       | \$ 310      | \$ 1,775             | \$ 2,361                        | \$ 2,646             | \$ 3,483                         | \$ 3,516  | \$ 4,186                   | \$ 288    | \$ 1,675               | \$ 2,227               |
| 4   | \$ 373                       | \$ 373      | \$ 2,143             | \$ 2,850                        | \$ 3,193             | \$ 4,204                         | \$ 4,244  | \$ 5,053                   | \$ 346.50 | \$ 2,021               | \$ 2,688               |
| 5   | \$ 435                       | \$ 435      | \$ 2,510             | \$ 3,339                        | \$ 3,741             | \$ 4,925                         | \$ 4,972  | \$ 5,919                   | \$ 405    | \$ 2,368               | \$ 3,149               |
| 6   | \$ 498                       | \$ 498      | \$ 2,878             | \$ 3,827                        | \$ 4,289             | \$ 5,646                         | \$ 5,700  | \$ 6,768                   | \$ 463.50 | \$ 2,715               | \$ 3,610               |
| 7   | \$ 561                       | \$ 561      | \$ 3,245             | \$ 4,316                        | \$ 4,837             | \$ 6,367                         | \$ 6,428  | \$ 7,653                   | \$ 522    | \$ 3,061               | \$ 4,071               |
| 8   | \$ 624                       | \$ 624      | \$ 3,612             | \$ 4,805                        | \$ 5,384             | \$ 7,088                         | \$ 7,156  | \$ 8,591                   | \$ 580.50 | \$ 3,408               | \$ 4,532               |
| 9   | \$ 687                       | \$ 687      | \$ 3,980             | \$ 5,294                        | \$ 5,932             | \$ 7,809                         | \$ 7,884  | \$ 9,386                   | \$ 639    | \$ 3,755               | \$ 4,994               |
| 10  | \$ 750                       | \$ 750      | \$ 4,347             | \$ 5,783                        | \$ 6,480             | \$ 8,530                         | \$ 8,612  | \$ 10,253                  | \$ 697.50 | \$ 4,101               | \$ 5,455               |

\*There is no age limit for parent/caretakers and no age limit if parent/caretaker exceeds age of 65 and does not receive Medicare Parts A or B.

FPL: Federal Poverty Level

specific situations.

### **What are the eligibility criteria for the program?**

To be eligible for one of the programs of Hoosier Healthwise, you must be a U.S. Citizen, an Indiana resident, and a member of a family that meets the income guidelines indicated in the chart (if you are not a US Citizen, you can qualify for emergency Medicaid).

The previous chart explains the family monthly income criteria based on family size, which are subject to change by the local Division of Family Resources. In determining the family size for the pregnancy categories, the number of unborn children is included. For example, a woman who is carrying one baby and lives with her husband and another child will have a family size of 4.

### **Where can I apply?**

To apply, you need to contact your local Department of Family Resources office:

#### **1. Elkhart County Division of Family Resources**

1120 N. Main St., Suite 201

Elkhart, IN 46514-3203

Telephone and the fax number is (800) 403-0864,

or apply online at [www.in.gov/fssa](http://www.in.gov/fssa) and click “Apply”

#### **What are their office hours?**

Monday thru Friday 8 a.m. - 4:30 p.m.

#### **Where else can I apply for Hoosier Healthwise?**

#### **2. First Steps**

##### **Where is it?**

700 E. Beardsley Ave., Suite 14 A

Elkhart, IN 46514

##### **What is the phone number?**

(574) 293-2813

*Note:* Child has to be part of the First Steps program.

##### **What are their office hours?**

Monday thru Friday 8 a.m. - 4:30 p.m.

#### **3. IU Health Goshen**

##### **Where is it?**

200 High Park Ave. Goshen, IN 46526

**What is the phone number?**

(574) 533-2141

**What are their office hours?**

24 hours, 7 days a week

#### 4. Maple City Health Care Center

**Where is it?**

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528

**What are the phone numbers?**

(574) 534-3300

(574) 534-0088

**Do I need to be a patient to access this service?**

No. Enrollment assistance is available free of charge for any community member.

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

#### 5. St. Joseph County Health Department

**Where is it?**

County City Building  
227 W. Jefferson Blvd. - 8th Floor South Bend, IN 46601

**What is the phone number?**

(574) 235-9638

**Do I need to call to make an appointment?**

Yes

**What are the eligibility criteria?**

They are an intake site, but only for Health Department clients.

**What are their office hours?**

Monday thru Friday 8 a.m. - 4:30 p.m.

# Hospitals

## What hospitals are in Elkhart County?

### 1. Elkhart General Hospital

#### Where is it?

600 East Blvd. Elkhart, IN 46514

#### What is the phone number?

(574) 294-2621

#### Can I speak Spanish when I call?

Yes, if you call the interpreters' line at (574) 524-7434. Health information in Spanish is available by calling Dame Tu Mano at (574) 524-7517.

#### Can I find information on the internet?

Yes, at [www.egh.org](http://www.egh.org)

#### What services do they provide?

|                     |                |
|---------------------|----------------|
| Maternity           | (574) 523-3333 |
| Emergency services  | (574) 523-3316 |
| Nurse on call       | (888) 344-6773 |
| Laboratory services | (574) 523-3337 |
| Women's Center      | (574) 523-2751 |

#### What are their office hours?

Monday thru Friday 7:30 a.m. - 5 p.m.

### 2. IU Health Goshen

#### Where is it?

200 High Park Ave. Goshen, IN 46526

#### What is the phone number?

(574) 533-2141

#### Can I speak Spanish when I call?

It would be beneficial if you have someone who could speak English when you place the call. However, they do have a language line service that they can access with a third party interpreter.

#### Can I find information on the internet?

Yes, at [www.iuhealth.org/goshen/](http://www.iuhealth.org/goshen/)

### **What services do they provide?**

|                                  |                               |
|----------------------------------|-------------------------------|
| Bariatric Services               | Cancer services               |
| Community Wellness and Education | Emergency services            |
| Gastroenterology                 | Heart and Vascular            |
| Home care services               | Home medical equipment        |
| Hospice services                 | Imaging services              |
| Intensive care                   | Laboratory services           |
| Maternity care                   | Neurology                     |
| Nurse on call                    | Orthopedics & sports medicine |
| Pain management services         | Progressive care              |
| Rehabilitation services          | Sleep lab                     |
| Surgical services                | Women's Health                |

### **What are their office hours?**

Visiting hours are from 8 a.m. - 8 p.m. daily.

If you need a service (other than emergency care) please call to set up an appointment.

## **What hospitals are in Kosciusko County?**

### **3. Kosciusko Community Hospital**

#### **Where is it?**

2101 E. Dubois Dr. Warsaw, IN 46580

#### **What is the phone number?**

(574) 267-3200

#### **Can I speak Spanish when I call?**

Yes

#### **Can I find information on the internet?**

Yes, at [www.kch.com/](http://www.kch.com/)

#### **What services do they provide?**

|  |                |
|--|----------------|
| Ambulatory Care Center/Outpatient Surgery      | (574) 372-7650 |
| Birthplace Maternity care                      | (574) 372-7640 |
| Cancer Care Center                             | (574) 372-3800 |
| Customer Service                               | (574) 372-7690 |
| Emergency Trauma                               | (574) 372-7600 |
| Intensive Care/Critical Care                   | (574) 372-7660 |
| MedStat Urgent Care & Occupational Health      | (574) 372-7637 |
| Patient Financial Services/Billing Information | (800) 444-2001 |

## What hospitals are in Noble County?

### 4. Parkview Noble Hospital

#### Where is it?

401 Sawyer Rd. Kendallville, IN 46755

#### What is the phone number?

(260) 347-8700

#### Can I speak Spanish when I call?

No, no one in the operator area speaks Spanish. However, they do have interpreter services available.

#### Can I find information on the internet?

Yes, at [www.parkview.com](http://www.parkview.com)

#### What services do they provide?

Full service hospital with 31 private patient rooms

Maternity care (260) 347-8330

Emergency services (260) 347-8180

Laboratory services (260) 347-8220

Diagnostic Imaging (260) 347-8250

Health & Wellness Center (260) 347-8125

Health Fairs (260) 347-8161

## What hospitals are in St. Joseph County?

### 5. Memorial Hospital of South Bend

#### Where is it?

615 N. Michigan St. South Bend, IN 46601

#### What is the phone number?

(574) 647-1000

#### Can I speak Spanish when I call?

Yes

#### Can I find information on the internet?

Yes, at [www.qualityoflife.org](http://www.qualityoflife.org)



**What services do they provide?**

|                    |                     |
|--------------------|---------------------|
| Trauma services    | Homecare services   |
| Intensive care     | Maternity care      |
| Emergency services | Nurse on call       |
| Radiology services | Laboratory services |
| Rehab services     | Volunteers          |

**6. Saint Joseph Health System - Mishawaka Medical Center****Where is it?**

5215 Holy Cross Parkway, Mishawaka, IN 46545

**What is the phone number?**

(574) 335-5000

**Can I speak Spanish when I call?**

Yes, they have interpreters for services.

**Can I find information on the internet?**

Yes, at [www.sjmed.com](http://www.sjmed.com)

**What services do they provide?**

|   |                |
|---|----------------|
| Cancer unit                                       | (574) 335-6110 |
| Rehab services                                    | (574) 335-8800 |
| Orthopedics                                       | (574) 335-5130 |
| Lab services for in-patients                      | (574) 335-6270 |
| Lab services for out-patients                     | (574) 335-1334 |
| Paqui and Brian Kelly Comprehensive Breast Center | (574) 335-6216 |
| Diagnostic Imaging Center                         | (574) 335-1060 |
| Mother-Baby unit                                  | (574) 335-4230 |

# Immunizations and TB (Tuberculosis) Testing

## What do immunizations do?

Immunizations work by preparing a person's body to fight illness.

## What vaccines are required?

The following diagram provides a list of vaccines required and the ages at which they need to be administered. It is important to maintain a written, accurate, and up-to-date history of vaccines. In this way, the nurse will know exactly what vaccines you or your child needs.

## Where can I get the services?

### 1. Elkhart County Health Department

#### Where is it?

608 Oakland Ave. Elkhart, IN 46516

#### What is the phone number?

(574) 523-2127

#### Do I need to call to make an appointment?

Yes

#### Can I speak Spanish when I call?

Yes, but please have an interpreter available.

#### Do I need insurance?

No

#### Can I find information on the internet?

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

#### What services do they provide?

- Childhood immunizations: for children age 2 months through age 18 (for those who are eligible for the Vaccines for Children state program). Call for more information.
- Adult immunizations: Limited types. Please call for further information.
- Tuberculosis (TB) testing.

#### How much do the services cost?

- \$8 per dose for childhood immunizations (for those who qualify for state funded vaccines).

- Insured clients will need to pay the cost of the vaccine plus an administration fee.
- If the client has Medicaid, please bring card to appointment.
- For adults, call for eligibility information.
- TB testing fee is \$15.

### **What are their office hours?**

Monday 8 a.m. - 5 p.m.      Tuesday thru Friday 8 a.m. - 4 p.m.

## **2. Kosciusko County Health Department (Health Services)**

### **Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 160  
Warsaw, IN 46580

### **What is the phone number?**

(574) 267-7028

### **Do I need to call to make an appointment?**

No appointment necessary.

### **Can I speak Spanish when I call?**

No

### **Do I need insurance?**

No

### **Can I find information on the internet?**

Yes, at [www.KCgov.com](http://www.KCgov.com)

### **What services do they provide?**

Immunizations and tuberculosis (TB) testing.

### **What are the eligibility criteria?**

Immunization Clinic:

- Have Medicaid or be uninsured
- For children 2 months to 18 years old

Tuberculosis (TB) testing: No eligibility requirements

### **How much do the services cost?**

TB skin tests are \$14.00. Call for vaccine eligibility information.

**What are their office hours?**

Immunization Clinic:

Monday, Wednesday, and Friday 8:30 a.m. – 12 p.m. and 1:15 p.m. - 3:30 p.m.  
The 1st Monday of every month from 4 p.m. – 6:30 p.m.

Tuberculosis (TB) testing:

Every Monday from 8:30 a.m. - 12 p.m.

**3. Noble County Health Department**

**Where is it?**

2090 N. State Road 9, Suite C  
Albion, IN 46701

**What are the phone numbers?**

Clinic Phone: (260) 636-2978                      Clinic Fax: (260) 636-3753  
Main Phone: (260) 636-2191                      Main Fax: (260) 636-2192

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, at [www.nobleco.squarespace.com/health-dept/](http://www.nobleco.squarespace.com/health-dept/)

**What services do they provide?**

- Childhood immunizations: birth through 18 years of age or until high school graduation.
- Adult immunizations, some travel immunizations.
- Tuberculosis (TB) skin testing.

**How much do the services cost?**

Call for details.

**What are their office hours?**

Monday thru Friday 8 a.m. – 4 p.m. (closed Wednesdays 11:30 a.m. – 12:30 p.m.)

| Age          | HepB<br>Hepatitis B | DTap/Tdap<br>Diphtheria,<br>tetanus,<br>pertussis | Hib<br>Haemophilus<br>influenzae<br>type B | IPV<br>Polio    | PCV<br>Pneumococcal<br>conjugate | RV<br>Rotavirus | MMR<br>Measles,<br>mumps, and<br>rubella | Varicella<br>Chickenpox | HepA<br>Hepatitis A                               | HPV<br>Human<br>papillomavirus | MCV4<br>Meningococcal<br>conjugate | Influenza<br>Flu   |
|--------------|---------------------|---|--|-----------------|----------------------------------|-----------------|--|-------------------------|---|--------------------------------|------------------------------------|--|
| Birth        | ✓                   |   |  |                 |                                  |                 |  |                         |   |                                |                                    |  |
| 2 months     | ✓<br>(1-2 mos)      | ✓   | ✓  | ✓               | ✓                                | ✓               |  |                         |   |                                |                                    |  |
| 4 months     | ✓                   | ✓   | ✓  | ✓               | ✓                                | ✓               |  |                         |   |                                |                                    |  |
| 6 months     |                     | ✓   | ✓  | ✓               | ✓                                | ✓               |  |                         |   |                                |                                    |  |
| 12 months    | ✓                   | ✓<br>(15-18 mos)                                  | ✓<br>(12-15 mos)                           | ✓<br>(6-18 mos) | ✓<br>(12-15 mos)                 | ✓               | ✓<br>(12-15 mos)                         | ✓<br>(12-15 mos)        | ✓<br>(2 doses given 6 mos apart at age 12-23 mos) |                                |                                    |  |
| 15 months    | ✓<br>(6-18 mos)     |   |  |                 |                                  |                 |  |                         |   |                                |                                    |  |
| 18 months    |                     | Catch - up  | Catch - up                                 | Catch - up      | Catch - up                       | Catch - up      | Catch - up                               | Catch - up              | Catch - up  |                                |                                    | ✓<br><br>(One dose each fall or winter to all people ages 6 mos and older) |
| 19-23 months |                     | ✓   |  |                 |                                  |                 |  |                         |   | ✓                              | ✓                                  |  |
| 4-6 years    |                     | Catch - up  | Catch - up                                 | ✓               |                                  |                 | ✓  | ✓                       | Catch - up  | ✓                              | ✓                                  |  |
| 7-10 years   |                     | Catch - up  |  |                 |                                  |                 |  |                         |   | ✓                              | ✓                                  |  |
| 11-12 years  |                     | ✓<br>Tdap   |  |                 |                                  |                 |  |                         |   | ✓                              | ✓                                  |  |
| 13-15 years  |                     | Catch - up<br>(Tdap)                              |  |                 |                                  |                 |  |                         |   | Catch - up                     | Catch - up                         |  |
| 16-18 years  |                     |   |  |                 |                                  |                 |  |                         |   |                                |                                    |  |

- Your infant may not need a dose of Hep B at 4 months of age depending on the type of vaccine that your healthcare provider uses.
- Your infant may not need a dose of Hib vaccine at 6 months of age depending on the type of vaccine that your healthcare provider uses.
- If your child is younger than 9 years and is getting vaccinated against influenza for the first time, they should get 2 doses spaced at least 4 weeks apart.
- If your child's vaccinations are delayed or missed entirely, they should be given as soon as possible.
- All girls and women ages 9-26 years should be vaccinated with 3 doses of HPV vaccine, with an interval of at least 2 months between #1 and #2 and 6 months between #1 and #3.
- If you have a teenager who is enrolling in college and planning to live in a dormitory and hasn't previously been vaccinated against meningococcal disease, they should be vaccinated now.

**Please note: Some children may need additional vaccines. Talk to your healthcare provider.**

## 4. St. Joseph County Health Department

### Where is it?

County City Building  
227 W. Jefferson Blvd. - 9th Floor  
South Bend, IN 46601

County Services Building  
219 Lincolnway West  
Mishawaka, IN 46544

### What are the phone numbers?

South Bend: (574) 245-6656

Mishawaka: (574) 256-6223

### Do I need to call to make an appointment?

Yes

### Can I speak Spanish when I call?

They have a part-time interpreter on staff, so you might be able to speak Spanish.

### Do I need insurance?

They do not bill insurance. Some services are available with billing to Medicare/Medicaid.

### Can I find information on the internet?

Yes, at [www.stjosephcountyindiana.com](http://www.stjosephcountyindiana.com)

### What services do they provide?

- Immunization Clinics: Childhood immunizations are provided at both of our locations. Please bring your most recent and up to date copy of the immunization record.
- Travel Immunizations: Immunizations recommended for international travelers are available at both clinics. The Health Department is a designated yellow fever vaccination center. Appointments are required. Please call (574) 256-6230 for information.
- Tuberculosis (TB) Clinics: They offer TB skin tests. TB symptom assessment and chest x-ray prescriptions are available with proof of a positive skin test.

### How much do the services cost?

- Immunization Clinics: Immunization administration fees are \$12/injection for eligible children, adult rates vary. Medicaid for children is accepted.
- Travel Immunizations: please call to get the information.
- Tuberculosis (TB) Clinics: Treatment for latent TB infection and active TB disease is available at no charge. TB skin tests are \$25.

### What are their office hours?

Immunization Clinics:

South Bend: Tuesday and Thursday 8 a.m. - 12 p.m. and 1 p.m. - 4 p.m.

Mishawaka: Monday, Wednesday, and Friday 8 a.m. - 12 p.m. and 1 p.m. – 4 p.m.

Tuberculosis (TB) Clinics:

South Bend: Tuesday (schedule subject to change)  
8 a.m. – 12 p.m. and 1 p.m. – 4 p.m.

Mishawaka: Monday, Wednesday, and Friday (schedule subject to change)  
8 a.m. – 12 p.m. and 1 p.m. – 4 p.m.

# Intrepreter/Translation Services

## Where can I find an interpreter?

### 1. A 2 Z Translations, LLC.

#### **What is the phone number?**

(574) 533-9082 and the fax number is (574) 537-0552

#### **Do I need to call to make an appointment?**

Yes

#### **Can I speak Spanish when I call?**

Yes

#### **What services do they provide?**

Translation English - Spanish, medical interpreting, legal and commercial interpreting. Translation of documents. Spanish/English as a second language instruction.

#### **How much do the services cost?**

You must consult with the advisor.

#### **What are their office hours?**

Monday thru Friday 8 a.m. - 11 a.m.

### 2. Memorial Language Resource Services

#### **What is the phone number?**

(574) 647-1368

#### **Do I need to call to make an appointment?**

Yes, 24 hours advance notice preferred.

#### **Can I speak Spanish when I call?**

Yes

#### **What services do they provide?**

Contract Spanish Interpreter/Translation services provided at regional healthcare providers.

#### **How much do the services cost?**

Call for current hourly rate.

#### **What are their office hours?**

Monday thru Friday 8 a.m. - 5 p.m.



### 3. Northern Indiana Hispanic Health Coalition, NIHHC

**What are the phone numbers?**

(574) 522-0966 or toll free (877) 21-SALUD / (877) 21-72583

**Do I need to call to make an appointment?**

Yes, 48 hours advance notice preferred.

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.nihhc.com](http://www.nihhc.com) and you can also find them on Facebook.

**What services do they provide?**

Medical interpretation services and translation of documents.

**How much do the services cost?**

Interpretation and translation services can be quoted per project.

**What are their office hours?**

Monday thru Friday 8 a.m. - 5 p.m.

# Lead Screening

## Where can I get a lead screening?

### 1. Elkhart County Health Department

**Where is it?**

608 Oakland Ave. Elkhart, IN 46516

**What is the phone number?**

(574) 523-2127

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, but please have an interpreter available.

**Do I need insurance?**

No, but if the child has Medicaid, please bring the card to the appointment.

**Can I find information on the internet?**

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

**What services do they provide?**

- Free lead tests at the Elkhart office for children 6 months through 6 years of age. Please call for further information or to make an appointment.
- Case management of lead poisoned child.
- Lead presentations and in-services to community agencies.

**How much do the services cost?**

They are free. If the child has Medicaid, bring the Medicaid card to the appointment.

**What are their office hours?**

Monday 8 a.m. - 5 p.m.

Tuesday thru Friday 8 a.m. - 4 p.m.

### 2. Kosciusko County Health Department (Health Services)

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 160  
Warsaw, IN 46580

**What is the phone number?**

(574) 267-7028

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

No

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, at [www.KCgov.com](http://www.KCgov.com)

**What services do they provide?**

Lead tests for children, which are included in the regular screenings for children.

**What are the eligibility criteria?**

For children 7 and under.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Lead poisoning services are offered by appointment only.

**3. St. Joseph County Health Department**

**Where is it?**

County City Building  
227 W. Jefferson Blvd. - 9th Floor  
South Bend, IN 46601

County Services Building  
219 Lincolnway West  
Mishawaka, IN 46544

**What are the phone numbers?**

South Bend: (574) 245-6656  
Lead Hotline: (574) 235-9582

Mishawaka: (574) 256-6223

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Sometimes, they have a part-time interpreter on staff.

**Can I find information on the internet?**

Yes, at [www.stjosephcountyindiana.com/departments/sjchd/Lead/index.htm](http://www.stjosephcountyindiana.com/departments/sjchd/Lead/index.htm)

**What services do they provide?**

- Free blood-lead tests for children 6 years old and younger.

- Free blood-lead tests for pregnant women.
- Free lead risk assessments of housing if you have a child under the age of 6 living in the home or if you are pregnant.
- Case management of lead-poisoned children done by Nursing Division.
- Public trainings and educational programs.

**How much do the services cost?**

No cost for lead testing.

**What are their office hours?**

South Bend: Tuesday and Thursday 8 a.m. - 12 p.m. and 1 p.m. - 4 p.m.

Mishawaka: Monday, Wednesday, and Friday 8 a.m. - 12 p.m. and 1 p.m. – 4 p.m.

# Life Skills and Health Classes

## Where can I find Life Skills and Health Classes?

### 1. Church Community Services

#### Where is it?

907 Oakland Ave.  
PO Box 2346  
Elkhart, IN 46516

#### What is the phone number?

(574) 295-3673

#### Do I need to call to register for a class?

Yes

#### Can I speak Spanish when I call?

No

#### Can I find information on the internet?

Yes, at [www.churchcommunityservices.org](http://www.churchcommunityservices.org) and at [www.soupofofsuccess.com](http://www.soupofofsuccess.com)

#### What services do they provide?

- Men Alive: Men's empowerment program, life skills training, job readiness training.
- Soup of Success Job & Life Skills Training Program: Five month empowerment program for women including mentoring; support (group and one-on-one); work skills/career counseling; educational classes including: computers, money management, communication, conflict resolution, etc. and hands-on-business skills.

#### What are the eligibility criteria?

- Men Alive: Men aged 21-65 who are residents of Elkhart County
- Soup of Success: Women aged 21+ who are residents of Elkhart County

#### How much do the services cost?

Services are free of charge.

#### What are their office hours?

Office: Monday thru Friday 9 a.m. - 5 p.m.

Soup of Success Program: Monday thru Friday 8:45 a.m. - 12:45 p.m.

## 2. Concord Community Schools Adult English Classes

### Where is it?

Typically located at: West Side Elementary  
230 W. Mishawaka Rd.  
Elkhart, IN 46517

East Side Elementary  
57156 Co. Rd. 13  
Elkhart, IN 46516

### What are the phone numbers?

West Side: (574) 293-2531

East Side: (574) 875-8517

### Can I speak Spanish when I call?

Yes

### What services do they provide?

Depending on approved grant funding, two sessions of Adult English classes are held each year: in fall (September/October) and in spring (April/May). Specific dates are published each year.

### What are the eligibility criteria?

Only parents of currently enrolled Concord students are eligible to attend these classes.

### How much do the services cost?

The classes are free of charge.

### What are their office hours?

Monday thru Friday 9 a.m. - 3:30 p.m.

## 3. Elkhart Area Career Center - Adult and Community Education

### Where is it?

2424 California Rd. Elkhart, IN 46514

### What is the phone number?

(574) 262-5678

### Do I need to call to register for a class?

Yes

### Can I speak Spanish when I call?

Yes, call (574) 295-4793 after 6 p.m.

### Can I find information on the internet?

Yes, at [www.elkhart.k12.in.us/home/academics/community-education/](http://www.elkhart.k12.in.us/home/academics/community-education/)

**What classes do they offer?**

- Adult Continuing Education: Computer classes, welding, CNA, fitness, and more.
- Adult Basic Education: HSE (High School Equivalency) test prep, ESL, and HSE testing.

**What are the eligibility criteria?**

Must be 18 or older. If 16 or 17 years old, please call for additional information and criteria.

**How much do the services cost?**

Please call for cost information.

**What are their office hours?**

When school is in session:

Monday thru Thursday 8 a.m. - 8 p.m.  
Friday 8 a.m. - 4 p.m.

When school is not in session:

Monday thru Friday 8 a.m. - 3:30 p.m.

#### 4. ESL (English as a Second Language) Partners

**Where is it?**

Prairie Street Mennonite Church  
1316 Prairie St. Elkhart, IN 46516

**What is the phone number?**

(574) 612-3108

**Do I need to call to register for a class?**

No, but you may call if further information is needed.

**Can I speak Spanish when I call?**

Yes, please call at (574) 970-1024

**What classes do they offer?**

5 levels of Adult English classes: 3 months in the spring and 3 months in the fall (no classes in the summer or winter months)

1. Foundations - basic English class; 2. Level 1; 3. Level 2; 4. Level 3; 5. Level 4 -conversation class

**What are the eligibility criteria?**

A desire to learn English and regular attendance as much as possible. Be aware that they do not offer childcare.

**How much do the services cost?**

Classes are free, but students are encouraged to buy their own textbooks and activity books.

**What are their office hours?**

No office hours. Use numbers above for information.

**5. Goshen College Center for Intercultural and International Education****Where is it?**

1700 S. Main St. Goshen, IN 46526  
Union Building

**What is the phone number?**

(574) 535-7800

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.goshen.edu/intercultural/](http://www.goshen.edu/intercultural/)

**What services do they provide?**

- Goshen College's "Destination Latino" is a radio program that broadcasts information about higher education and other topics involving family and social improvement to Michiana Latinos. The program can be heard on two radio stations by tuning into WKAM La Raza (1460 & 1580 AM) at 1:00p.m. for the last three Thursdays of each month or by listening to WLDC La Luz de Cristo (105.9 FM) at 6:30 p.m. every Tuesday.
- "University for Latino Families" is a series of free monthly workshops where they speak in depth about the topics presented on "Destination Latino". These sessions provide Latino families with the knowledge, practical experience, and the resources necessary to help their children during their school years, preparing them for college and improving their family and social environment. The workshops take place at Goshen College the third Saturday of each month at 9 a.m. in the Union Building.
- English classes for adults during the months of September through May. A placement test will be given to determine the current knowledge of the student to place them in the appropriate level.
- Basic computer classes. Call to request the dates for upcoming classes.

**How much do the services cost?**

For more information, contact Rocio Diaz at [srociod@goshen.edu](mailto:srociod@goshen.edu) or by phone at 574-535-7808.

**What are their office hours?**

Monday thru Friday 8 a.m. - 5 p.m.



## 6. Kosciusko Community YMCA

### Where is it?

1305 Mariners Dr.                      301 N. Main St.  
Warsaw, IN 46582                      North Webster, IN 46555

### What are the phone numbers?

(574) 269-9622                      (574) 834-5600

Dial 0 for the operator

### Can I speak Spanish when I call?

Sometimes

### Can I find information on the internet?

Yes, at [www.kcymca.org](http://www.kcymca.org)

### What services do they provide?

- **Facilities:** The Warsaw branch includes a wellness center, warm water pool, lap and recreation pool, sauna, 2 gyms, indoor walking track, 4 group exercise rooms, 2 multi-purpose rooms, a chapel, and a multi-generational center. The North Webster branch includes cardio equipment, weight machines, and an aerobics room.
- **Programs:** Programs for the whole family are available at a reduced rate with your membership. These classes run several times throughout the year for sessions of varying length. Each session offers a variety of free group exercise fitness classes available to members.
- **Childcare:** Babysitting for ages 6 weeks to 6 years is available at both the Warsaw and North Webster branches. This service is free of charge for children included under a youth, one-parent family, or family membership while their parent is attending a class, activity or working out in the Y. There is a 2 hour time limit per visit. (Parents must be in the facility during this time for children under twelve years of age.) The Multi-Generational Room for ages 5 to 14 years is available at the Warsaw branch. (The above guidelines also apply).

### What are the eligibility criteria?

You need to be a Y member or be with a Y member to use the facility. They offer a Summer Day Camp and Kids Club Before and After School care to everyone, not just Y members.

### How much do the services cost?

Membership costs vary from \$20/month to \$62/month. They offer financial assistance. Those who qualify can get up to 75% off of membership costs.

**What are their office hours?**

Monday thru Friday 5 a.m. - 9 p.m.

Saturday 7 a.m. - 4 p.m.

Sunday 1 p.m. - 4 p.m.

Summer Day Care: Monday thru Friday 6 a.m. - 6 p.m.

Kids Club Before and After School care: throughout the school year

## 7. Northern Indiana Hispanic Health Coalition, NIHHC

**Where is it?**

444 N. Nappanee St.

Elkhart, IN 46514

**What are the phone numbers?**

(574) 522-0966 or toll free (877) 21-SALUD / (877) 217-2583

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.nihhc.com](http://www.nihhc.com) and you can also find them on Facebook.

**What services do they provide?**

- **Cultural competency Seminars:** for colleges/universities, businesses, and public sector organizations to promote a more culturally friendly environment for our community.
- **Heartsaver CPR with AED and First Aid certification classes:** for health care providers (a 2 year CPR certification will be issued)
- **Heartsaver CPR with AED certification classes:** for non-health care providers (a 2 year CPR certification will be issued)

**What are the eligibility criteria?**

To take the CPR class for non-health care providers, you must be 16 years or older.

**How much do the services cost?**

- **Cultural competency Seminars:** The prices for cultural competency seminars and wellness programs for organizations are defined according to the individual needs of each organization.
- **CPR classes:** Cost varies depending on the type of CPR class.

**What are their office hours?**

Monday thru Friday 8 a.m. - 5 p.m.

## 8. Purdue Extension Elkhart County

### **Where is it?**

Elkhart County 4-H Fairgrounds  
17746 County Road 34 Goshen, IN 46528

### **What is the phone number?**

(574) 533-0554

### **Do I need to call to register for a class?**

Yes, please call to register for the Family Nutrition Program.

### **Can I speak Spanish when I call?**

The Family Nutrition Program provides a bilingual program assistant.

### **Can I find information on the internet?**

Yes, at [www.ag.purdue.edu/counties/elkhart](http://www.ag.purdue.edu/counties/elkhart)

### **What services do they provide?**

They provide education in Health and Human Sciences, Agriculture and Natural Resources, 4-H Youth Development, and Economic Community Development.

Family Nutrition Program – provides free information about foods and nutrition in your home or community center for individuals or groups through a variety of hands-on food preparation and other interactive activities.

### **What are the eligibility criteria?**

For the Family Nutrition Program, clients must be limited-income and food-stamp eligible.

### **How much do the services cost?**

Services are free of charge.

### **What are their office hours?**

Monday thru Friday 8 a.m. – 4:30 p.m.

## 9. The Enchanted Hills Community Partnership Center

### **Where is it?**

9799 Excalibur Place Cromwell, IN 46732 (not a mailing address)

### **What is the phone number?**

(260) 856-2136 and the fax number is (260) 856-2360

### **Do I need to call to make an appointment?**

No, walk-ins or appointments are welcome.

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No

**What services do they provide?**

- Microloan Money Smart Class, Personal Finance Classes, and Getting Ahead Financial Course
- Employment Assistance and Resume and Interview Assistance
- English as a Second Language and GED Classes
- Certified Nurse Aid

**What are the eligibility criteria?**

Specified only in Certified Nurse Aid training and Getting Ahead (below 200% federal poverty level & nearby resident). All other programs are open to everyone.

**How much do the services cost?**

Services are free of charge. Children as well as adults may use this facility for fun, education, and self improvement.

**What are their office hours?**

Monday thru Friday 10 a.m. - 6 p.m.

GED- Monday and Wednesday 6 p.m. – 8 p.m.

# Medicaid

## **What is Medicaid?**

Medicaid is a joint federal-state program that provides health insurance coverage to certain people falling into specific categories including low income individuals, children receiving adoptive services, pregnant women, parents of eligible children, seniors, and people with disabilities.

## **What are the eligibility criteria for Medicaid?**

Medicaid is limited to those who are disabled, blind, a child receiving adoptive services, and/or are 65 years of age or older, or will be receiving room and board assistance. The eligibility could also depend on age and if the person is pregnant. If the pregnancy and delivery is covered by Medicaid, the baby could be covered up to one year; and citizenship documentation is not required. Limited or full coverage by Medicaid is also available for children.

Children and pregnant women are also eligible for the Hoosier Healthwise program.

## **Are there special rules for children with disabilities?**

Yes, a child may be covered under Medicaid if he or she is a U.S. citizen or a legal immigrant. A child may be eligible for Medicaid regardless of the eligibility status of his or her parents or guardians. Income and resources are also taken into account. The child is able to qualify after he or she has been medically tested by the state. Any person who claims disability is required to apply for SSI (Supplemental Security Income)/SSD (Social Security Disability) as part of the eligibility process.

Medical records from doctors & medical facilities may be used to determine if the person is considered medically disabled by the state.

## **Do I need to be a legal immigrant in the U.S. to receive Medicaid?**

Yes, you have to be a legal immigrant who has been living in the U.S. for at least 5 years. Medicaid limited coverage (emergency Medicaid) may be available for people without a legal status.

## **Will Medicaid give me their funds directly?**

No, Medicaid does not pay their benefits directly to you. They will send their payments to your healthcare providers. However, if you are enrolled in Medicare, you may qualify for Medicaid to pay your Medicare premium.

## **Where can I apply for Medicaid?**

(See providers starting on next page.)

## 1. Elkhart County Division of Family Resources

### **Where is it?**

1120 N. Main St., Suite 201  
Elkhart, IN 46514-3203

### **What is the phone number?**

Toll free (800) 403-0864

### **Do I need to call to make an appointment?**

No, but it is preferred.

### **Can I speak Spanish when I call?**

Yes

### **Can I find information on the internet?**

You may apply online at [www.in.gov/fssa](http://www.in.gov/fssa) and click “Apply.”

### **What are their office hours?**

Monday thru Friday 8 a.m. - 4:30 p.m.

### **What do I do when I go to the office?**

You will have to fill out an application at a computer in the office. Then you will set an appointment with an eligibility specialist and they will tell you what documents you need to bring in for your appointment. You may not need an appointment unless you are applying for disability Medicaid. You could also go to one of the other centers where they will help you to fill out the application as well as all of the verifications and approval.

## 2. Healthy Beginnings - Elkhart

### **Where is it?**

1400 Hudson St. Elkhart, IN 46516

### **What is the phone number?**

(574) 522-0104

### **What are their office hours?**

Monday 10 a.m. - 7 p.m.                      Tuesday thru Thursday 8:30 a.m. - 5:00 p.m.  
Friday 8:30 a.m. - 12:30 p.m.

*Note:* They offer assistance with Medicaid applications for Healthy Babies clients only.

### 3. Healthy Beginnings - Goshen

**Where is it?**

117 N. 2nd St. Goshen, IN 46526

**What is the phone number?**

(574) 535-6765

**What are their office hours?**

Monday 10 a.m. - 7 p.m. (closed 2 p.m. - 3 p.m.)

Tuesday thru Thursday 8:30 a.m. - 5 p.m. (closed 12:30 p.m. - 1 p.m.)

Friday 8:30 a.m. - 12:30 p.m.

*Note:* They offer assistance with Medicaid applications for Healthy Babies clients only.

### 4. IU Health Goshen

**Where is it?**

200 High Park Ave. Goshen, IN 46526

**What is the phone number?**

(574) 533-2141

**What are their office hours?**

24 hours, 7 days a week

### 5. Maple City Health Care Center

**Where is it?**

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528

**What are the phone numbers?**

(574) 534-3300

(574) 534-0088

**Do I have to be a patient to access these services?**

No. Enrollment assistance is available free of charge for any community member.

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

# Medical Services for Immigration

## Where can I get help?

### 1. Elkhart County Health Department

**Where is it?**

608 Oakland Ave. Elkhart, IN 46516

**What is the phone number?**

(574) 523-2127

**Do I need to call to make an appointment?**

Yes, specify that you need medical services for immigration.

**Can I speak Spanish when I call?**

Yes, but please have an interpreter available

**Can I find information on the internet?**

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

**What services do they provide?**

They will provide some medical services required for immigration. Call for more information. They recommend that you obtain a physical exam from your family doctor. Your family doctor will give you a script which will specify what medical services you need.

**How much do the services cost?**

Call for information on cost and adult immunization eligibility.

**What are their office hours?**

Monday 8 a.m. - 5 p.m.

Tuesday thru Friday 8 a.m. - 4 p.m.

### 2. Maple City Health Care Center

**Where is it?**

213 Middlebury St. Goshen, IN 46528

**What is the phone number?**

(574) 534-3300

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes



**What services do they provide?**

A complete immigration physical.

**Do I need to be a patient to receive services?**

No

**How much do the services cost?**

Cost depends on vaccines, labs, and services needed to complete paperwork. Average cost is \$400 for exam, vaccines, and labs.

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

# Medicare

## What is Medicare?

Medicare is a social insurance program administered by the United States government that provides health insurance coverage to people who are either 65 years of age or older, or who meet other special criteria.

## What are the eligibility criteria for Medicare?

Individuals are eligible for Medicare if they are a U.S. citizen or have been a permanent legal resident for 5 continuous years, are 65 years or older; or if they are under 65, disabled, and have been receiving either Social Security or the Railroad Retirement Board disability benefits for at least 24 months; or people of any age that get continuing dialysis for permanent kidney failure or need a kidney transplant.

## How many parts are there on Medicare?

There are four parts in Medicare: Part A, Part B, Part C, and Part D.

## What does Part A, Part B, Part C & Part D mean?

- Part A: is called Hospital Insurance because it pays for your hospital room charge.
- Part B: is called Medical Insurance because it covers other medical services that are not covered by part A, such as blood transfusions, and kidney dialysis.
- Part C: is called Medicare Advantage and is available in many areas. People with Medicare Parts A and B can choose to receive all of their health care services through one of these provider organizations under Part C.
- Part D: is called prescription drug coverage and it helps to pay for medications that doctors prescribe for treatment.

## Where can I apply for Medicare?

You need to call (800) MEDICARE/(800) 633-4227. They are available 24 hours a day, 7 days a week or visit their web page at [www.medicare.gov](http://www.medicare.gov), or you can also stop by the Social Security Administration Office.

## 1. Social Security Administration Office

### Where is it?

231 Waterfall Dr. Elkhart, IN 46516

### What is the phone number?

(866) 426-0532

### Do I need to call to make an appointment?

Yes

**Can I speak Spanish when I call?**

Yes

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. – 4 p.m.

Wednesday 9 a.m. – 12 p.m.

# Mental Health

## What is mental health?

Mental health is a psychological state of well-being, characterized by continuing personal growth, a sense of purpose in life, self-acceptance, and positive relations with others.

## Where can I get help?

### 1. Addiction Recovery Center

#### Where is it?

204 S. Main St.  
Elkhart, IN 46516

114 N. Main St.  
Goshen, IN 46526

#### What are the phone numbers?

Elkhart: (574) 293-1086

Goshen: (574) 533-6154

#### Do I need to call to make an appointment?

Yes

#### Can I speak Spanish when I call?

No

#### What services do they provide?

They provide drug and alcohol counseling.

#### How much do the services cost?

Cost depends on services provided, household income, and size. Financial aid is available to those who qualify.

#### What are their office hours?

Monday thru Friday 9 a.m. - 5 p.m.

### 2. Bowen Center

#### Where is it?

850 N. Harrison St. Warsaw, IN 46580

#### What is the phone number?

Toll free (800) 342-5653

#### Do I need to call to make an appointment?

Yes, by phone or through their website.

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.bowencenter.org](http://www.bowencenter.org)

**What services do they provide?**

A full range of outpatient, psychiatric, and inpatient programs are available.

**How much do the services cost?**

Costs will vary depending on what range of service you participate in as well as what assistance you may qualify for.

**What are their office hours?**

Hours do vary on programming, and which office you are seen in.

Most offices offer outpatient visits during the week between 8 a.m. and 8 p.m.

### 3. Center for Problem Resolution

**Where is it?**

211 S. 5th St.  
Elkhart, IN 46516

117 W. Washington St.  
Goshen, IN 46526

**What are the phone numbers?**

Elkhart: (574) 294-7447

Goshen: (574) 533-0664

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, a Spanish line is available.

**Do I need insurance?**

No

**What services do they provide?**

They have bilingual group counseling programs including drug and alcohol addiction, domestic violence, and anger management. Specific cases will be evaluated individually.

**How much do the services cost?**

\$30-\$65 depending on the service.

**What are their office hours?**

Monday thru Thursday 9 a.m. - 6 p.m.

## 4. Crossroad Child & Family Services AND Crossroad Counseling

### **Where is it?**

Crossroad Child & Family Services  
2525 Lake Ave.  
Fort Wayne, IN 46805

Crossroad Counseling  
818 West Park Dr.  
Huntington, IN 46750

### **What are the phone numbers?**

(260) 484-4153 Ext. 2060 or toll free (800) 976-2306 Ext. 2060

### **Do I need to call to make an appointment?**

Appointments are preferred but walk-ins are always welcome.

### **Can I speak Spanish when I call?**

Translation is available upon request.

### **Can I find information on the internet?**

Yes, at [www.crossroad-fwch.org](http://www.crossroad-fwch.org)

### **Do I need insurance?**

Yes, for some programs. They accept Medicaid and many private insurance plans. Some programs are free of charge.

### **What services do they provide?**

Outpatient mental health counseling for children, adolescents, adults, couples, and families, community-based children's mental health programs, alternative school for grades 1-12, and residential mental health treatment for children ages 6-21.

### **What are the eligibility criteria?**

They provide specific outreach services to residents of Kosciusko and Noble counties, but residents of any neighboring counties are welcome to services as well.

### **How much do the services cost?**

The programs that require residential treatment are covered by a designated agent or Medicaid. Outpatient therapy services are paid by Medicaid or the client's insurance. The majority of their other services are free of charge.

### **What are their office hours?**

Monday thru Friday 7:30 a.m. - 4:30 p.m.

## 5. Heather Romero, PhD, HSPP - Neuropsychologist

### **Where is it?**

Psychology Associates, PC  
314 W. Catalpa Dr., Suite E.  
Mishawaka, IN 46545

### **What is the phone number?**

Appointment line: (574) 254-1700

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

You can leave a message in Spanish.

### **Can I find information on the internet?**

Yes, at <https://sites.google.com/site/hromeroneuropsychology/>

### **Do I need insurance?**

No

### **What services do they provide?**

Neuropsychological evaluation, available in English and Spanish, for adults with known or suspected central nervous system injury or illness, such as: memory disorders in adults and geriatric populations, Alzheimer's disease and other dementias, movement disorders, stroke, epilepsy, brain injuries, toxic exposure, multiple sclerosis, and other medical conditions. Experience with N-648 evaluations, which is a medical waiver for applicants for U.S. citizenship who cannot complete the educational requirements due to a physical/developmental disability or cognitive impairment.

### **What are the eligibility criteria?**

Currently accepting referrals for individuals of all ages, and individuals who speak Spanish, English, and other languages.

### **How much do the services cost?**

Accept most major insurance plans and accept individuals without insurance as well. Please call the appointment line for more information about cost of services.

### **What are their office hours?**

Monday thru Friday 8:30 a.m. - 4:30 p.m.

## 6. Life Treatment Centers

### **Where is it?**

1402 S. Michigan St. South Bend, IN 46613

**What is the phone number?**

(574) 233-5433

**Do I need to call to make an appointment?**

Yes, but walk-ins are also welcome.

**Can I speak Spanish when I call?**

No

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, at [www.lifetreatmentcenters.org](http://www.lifetreatmentcenters.org)

**What services do they provide?**

They provide detoxification, transitional housing, substance abuse treatment, prevention and education, and treatment for gambling.

**How much do the services cost?**

A sliding scale fee is available.

**What are their office hours?**

Monday thru Friday 8 a.m. – 4 p.m. or upon appointments.

Detox is open 24 hours a day.

## 7. Oaklawn

**Where is it?**

2600 Oakland Ave.  
Elkhart, IN 46517

P.O. Box 809  
330 Lakeview Dr.  
Goshen, IN 46526

415 E. Madison St  
South Bend, IN 46617

**What are the phone numbers?**

Goshen and Elkhart: (574) 533-1234

South Bend: (574) 283-1234

Toll free: (800) 282-0809

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Do I need insurance?**

No, Elkhart and St. Joseph County residents may be eligible for a reduction of fees through the Hoosier Assurance Plan. Medicaid, Medicare, and commercial insurance may also cover part of the fee, pending prior approval.



**Can I find information on the internet?**

Yes, at [www.oaklawn.org](http://www.oaklawn.org)

**What services do they provide?**

They provide a full range of outpatient, intensive outpatient, and residential programs for children, adolescents, adults, and seniors.

**How much do the services cost?**

Costs vary, depending on what service you receive as well as if you qualify for assistance.

**What are their office hours?**

Hours vary, depending on the program. Outpatient services are available 8 a.m. - 5 p.m. with some evening hours as well. Intensive outpatient programs are offered in the day and evening. They also have several 24-hour programs.

## 8. Ryan's Place

**Where is it?**

203 S. 5th St. Goshen, IN 46526

**What is the phone number?**

(574) 535-1000

**Do I need to call to make an appointment?**

Yes, you would need to call ahead of time to schedule an appointment with one of the counselors.

**Can I speak Spanish when I call?**

At this time they do not have someone who speaks Spanish in the office, but they would be able to bring in a translator if needed.

**Can I find information on the internet?**

Yes, at [www.ryansplace.org](http://www.ryansplace.org)

**What services do they provide?**

They provide peer to peer support groups for children, teens, and adults who are grieving the death of a loved one. They also provide individual counseling.

**What are the eligibility criteria?**

Children must be over the age of three and accompanied by an adult to join the group program night. Intake must be completed before anyone can join the peer grief support groups.

**How much do the services cost?**

All services are free of charge.

**What are their office hours?**

Office hours: Monday thru Friday from 8:30 a.m. to 4:30 p.m.

Staff are often in and out of the office throughout the day running different groups, seeing clients, or attending meetings or trainings.

Peer to peer grief support meets every other Monday from 6:30 p.m. – 8:30 p.m.

Saturday hours and evening hours are sometimes available for individual sessions.

## 9. The Enchanted Hills Community Partnership Center

**Where is it?**

9799 Excalibur Place  
Cromwell, IN 46732 (not a mailing address)

**What is the phone number?**

(260) 856-2136 and the fax number is (260) 856-2360

**Do I need to call to make an appointment?**

Both walk-ins and appointments are welcome.

**Can I speak Spanish when I call?**

Yes

**What services do they provide?**

They provide Narcotics Anonymous, Medicaid and HIP (Healthy Indiana Plan) application assistance, and mental health counseling.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 10 a.m. - 6 p.m.

## 10. The Gift - Nancy Rodriguez

**Where is it?**

101 N. 3rd St. (Second floor)  
Goshen, IN 46526

**What is the phone number?**

(574) 533-7133

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**What services do they provide?**

They provide counseling for individual adults, families, adolescents, and children. Premarital and marriage counseling is also available.

**How much do the services cost?**

They will work with insurance and will work out a payment plan for self-pay patients.

**What are their office hours?**

Monday thru Friday 8 a.m. - 6 p.m.

# Prenatal Care, Child/Infant, and Parent Services

## What is prenatal care?

Prenatal care is the healthcare you receive while you are pregnant. It involves regular checkups, nutrition, exercise, learning about what to expect during the birth process, and acquiring basic skills when caring for your newborn.

## Why do I need prenatal care?

Prenatal care is important to keep you and your child healthy. It helps detect early problems and find the appropriate medical help.

## What is parenting?

Parenting is the process of promoting and supporting the physical, emotional, social, and intellectual development of a child from infancy to adulthood.

## Where can I get these services?

### 1. B.A.B.E. (Beds and Britches, etc.)

#### Where is it?

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 240  
Warsaw, IN 46580

#### What is the phone number?

(574) 268-2273

#### Do I need to call to make an appointment?

No

#### Can I speak Spanish when I call?

Yes, a translator is available.

#### What services do they provide?

Expectant parents, or parents of young infants or children, can earn coupons from many doctors, educational programs, or safety programs in the community by attending appointments or reaching a goal previously set. Earned coupons can then be used in the B.A.B.E. boutique to buy clothing, furnishings, and other essential items such as diapers and wipes.

#### What are the eligibility criteria?

Families seeking assistance must be residents of Kosciusko County or of the surrounding counties.

#### What are their office hours?

Monday thru Thursday 9 a.m. – 5 p.m.

Friday 9 a.m. – 3 p.m.

## 2. CAPS (Child and Parent Services)

### **Where is it?**

1000 W. Hively Ave. Elkhart, IN 46517

### **What is the phone number?**

(574) 295-2277

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

Yes

### **What services do they provide?**

- Parenting: This program offers an array of parenting education classes and support groups to assist parents in the toughest job they will ever have.
- Building Blocks: is a therapeutic preschool for children who are struggling in other environments and a learning center for area preschool teachers.
- Healthy Families of Elkhart County: An intensive home visitation program to encourage and support parents of newborns through age five.
- CFAC (Child and Family Advocacy Center): is a unique center that interviews children who have been suspected of being abused and gathers information for law enforcement and the Department of Child Services.
- CASA (Court Appointed Special Advocates): is a program that provides volunteers to speak for children who find themselves in court through no fault of their own.
- Supervised Visitation: This program allows the parent/child relationship to continue in a safe, monitored environment, when the court deems it necessary to be supervised.
- Parent Aide: Parent Aides (some staff and volunteers) provide in-home support and encouragement, model appropriate parenting techniques, and focus on the good qualities of the parents.

### **How much do the services cost?**

Many are free, but there are fees for some. Call for more information.

### **Do they give out coupons?**

Yes, they give out B.A.B.E coupons.

### **What can I do with B.A.B.E coupons?**

You can purchase baby clothing or furniture from the B.A.B.E store.

**Will I get a certificate for completing the class?**

Yes, you will receive a certificate for completing parenting classes if you meet participation and attendance requirements.

**What are their office hours?**

Monday thru Friday 8 a.m. – 5 p.m.

**3. El Campito**

**Where is it?**

1024 Thomas St. South Bend, IN 46601

**What is the phone number?**

(574) 232-0220

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.elcampito.org](http://www.elcampito.org)

**What services do they provide?**

They provide bilingual, nationally accredited, licensed child care for ages 1 to 12, and Parents as Teachers program for families with children, prenatal to kindergarten entrance.

**How much do the services cost?**

Costs vary, please contact them for more information.

**What are their office hours?**

Child care hours: Monday thru Friday 6 a.m. - 5:30 p.m.

Office hours: Monday thru Friday 9 a.m. - 5:30 p.m.

**4. Elkhart and St. Joseph Counties Head Start Consortium**

**Where is it?**

245 N. Lombardy Dr. South Bend, IN 46619

**What is the phone number?**

(574) 283-8127

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes

**Can I find information on the internet?**

Yes, at [www.headstartesj.com](http://www.headstartesj.com)

**What services do they provide?**

They provide the Head Start Program, which is a federally funded child development program for eligible children from birth through five years old.

**What are the eligibility criteria?**

Enrollment is limited and the child must meet the needs-based criteria, such as being the child of a low income individual, being a resident of Elkhart or St. Joseph County, and be 3 years old by August 1st for Head Start services (now serving infants and toddlers). Children with disabilities are also welcome to enroll.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 8 a.m. – 4 p.m.

## 5. First Steps

**Where is it?**

700 E. Beardsley Ave., Suite 14A  
Elkhart, IN 46516

**What are the phone numbers?**

(574) 293-2813 or toll free (866) 725-2398

**Do I need to call to make an appointment?**

Yes, call to make an appointment. Appointments can also be offered at your home.

**Can I speak Spanish when I call?**

Yes, if their Spanish-speaking coordinator is not in the office, they will transfer you to their interpreter's voice mail.

**Can I find information on the internet?**

Yes, at [www.indianafirststeps.org](http://www.indianafirststeps.org)

**What services do they provide?**

They provide therapy to infants and toddlers who are experiencing developmental delays or disabilities. Some of the services they provide include: speech therapy, physical therapy, occupational therapy, and

developmental therapy.

### **What are the eligibility criteria?**

Families who are eligible to participate include those with children ages birth to 36 months who are experiencing developmental delays or have a diagnosed condition that has a high probability of resulting in a developmental delay.

### **How much do the services cost?**

Evaluations are always at no out-of-pocket cost to the family. Services are on a sliding scale. For example, a family of 4 who makes under \$59,000 a year would not pay for any services.

### **What are their office hours?**

Monday thru Friday 8 a.m. – 4:30 p.m.

## **6. Healthy Beginnings**

### **Where is it?**

117 North 2nd St.  
Goshen, IN 46526

1400 Hudson St.  
Elkhart, IN 46516

### **What are the phone numbers?**

Goshen: (574) 535-6765

Elkhart: (574) 522-0104

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

Yes

### **What services do they provide?**

Healthy Beginnings provides its services to pregnant women and children through two different programs: [Healthy Babies](#) and [WIC](#).

#### **Healthy Babies**

Healthy Babies is a program that provides prenatal care coordination for pregnant women. This includes assistance in finding a doctor, getting Hoosier Healthwise (Medicaid), and accessing other needed services. Women also receive education about pregnancy and infant care and supportive services throughout the pregnancy and postpartum period. For eligibility guidelines, please call the office.

#### **WIC program**

WIC is a program that provides nutrition education, supplemental foods, and health and social service referrals to low income pregnant, breastfeeding and non-breastfeeding postpartum women, and to infants and children up to age



5. For eligibility guidelines, please call the office.

**What are their office hours?**

Elkhart and Goshen:

Monday 10 a.m. - 7 p.m. (Closed 2 p.m. - 3 p.m.)

Tuesday thru Thursday 8:30 a.m. - 5:00 p.m. (Closed 12:30 p.m. - 1 p.m.)

Friday 8:30 a.m. - 12:30 p.m.

**7. Heartline Pregnancy Center**

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 180  
Warsaw, IN 46580

**What is the phone number?**

(574) 267-5110

**Do I need to call to make an appointment?**

Yes, appointments can be scheduled for Monday thru Friday.

**Can I speak Spanish when I call?**

Yes, dial option 2.

**What services do they provide?**

- Pregnancy testing/verifications.
- Limited obstetrical ultrasound.
- Earn While You Learn (EWYL) education and support.
- Teens and Tots (TNT) Childcare and Preschool Ministry.
- Emergency diaper and formula assistance.

**What are the eligibility criteria?**

Please bring a photo ID. They are able to serve clients regardless of their place of residence.

**What are their office hours?**

Monday thru Thursday 9 a.m. – 5 p.m.

Friday 9 a.m. – 12 p.m.

**8. Indiana Association for Child Care Resource and Referral (IACCRR)**

**Where is it?**

3901 N. Meridian St., Suite 200  
Indianapolis, IN 46208

**What are the phone numbers?**

(317) 924-5202 and toll free (800) 299-1627

**Can I speak Spanish when I call?**

Yes, for Spanish call (866) 865-7056.

**Can I find information on the internet?**

Yes, at [www.iaccrr.org](http://www.iaccrr.org)

**What services do they provide?**

They are a statewide organization with services across the state.

- Free child care search for Indiana families based on family's needs
- Specialized services and vacancy checks for infants, toddlers, and children with special needs
- Child care programs offering non-traditional hours (weekend care, extended hours, 24 hour part time), and preschool, kindergarten, before/after school programs, and others
- How to recognize high quality child care including the quality rating system Paths to QUALITY™
- Information about child care options and regulations that apply for each type of care
- Ways to pay for the child care and preschool (rates, subsidies available including CCDF voucher, other financial options many vary by location)
- Trainings, orientations, and professional development for child care providers
- Trainings, workshops, and consultation for families

**How much do the services cost?**

Services are free of charge. Training for providers are free or at low cost.

**What are their office hours?**

Monday thru Friday 8 a.m. – 4 p.m.

## 9. Kosciusko County Community Foundation's Good Samaritan Permanent Fund and Riley Kids Fund

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 130  
Warsaw, IN 46580

**What is the phone number?**

(574) 372-3500

**Do I need to call to make an appointment?**

Yes, there is a waiting list.

**Can I speak Spanish when I call?**

No

**What services do they provide?**

They provide financial assistance for children living in Kosciusko County, who are challenged by a disability or serious medical condition so they can get better access to medical services and work toward achieving their potential.

**What are the eligibility criteria?**

To evaluate eligibility, you will need to fill out an application prior to your appointment documenting the medical condition and household finances. Families seeking assistance must be Kosciusko County residents.

**What are their office hours?**

Monday thru Friday 9 a.m. - 4 p.m.

## 10. Kosciusko County Head Start/Early Head Start, a division of Cardinal Services, Inc.

**Where is it?**

811 S. Buffalo St. Warsaw, IN 46580

**What are the phone numbers?**

(574) 267-2451 or toll free (800) 315-2308

**Do I need to call to make an appointment?**

No

**Can I speak Spanish when I call?**

Yes, interpreters are available most days.

**Can I find information on the internet?**

Yes, at [www.KCHeadStart.org](http://www.KCHeadStart.org) and [www.cardinalservices.org](http://www.cardinalservices.org)

**What services do they provide?**

- They provide a variety of services to prepare children and families for success in kindergarten and life.
- Home based services year round for 40 children ages 0-3 and pregnant women.
- 6 hour preschool classes Monday-Thursday during the school year for 125 children age 3-4 (determined by age on August 1 of each year) at sites in Warsaw, North Webster, Pierceton, and Mentone.

- Home based preschool class during the school year for 10 children including classroom experiences twice a month.

**What are the eligibility criteria?**

100% of poverty, children age 0-5 and pregnant women.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 8 a.m. – 4 p.m.

**11. Kosciusko County Health Department (Health Services)**

**Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 160  
Warsaw, IN 46580

**What is the phone number?**

(574) 267-7028

**Do I need to call to make an appointment?**

Appointments are needed for prenatal services and regular checkups for children. Appointments are not needed for vaccinations.

**Can I speak Spanish when I call?**

No, but Spanish-speaking staff is available by appointment.

**Do I need insurance?**

No

**Can I find information on the internet?**

Yes, at [www.KCgov.com](http://www.KCgov.com)

**What services do they provide?**

- First prenatal care visit that includes blood tests, vitamins, and education
- Children exams include: physical examinations, vaccinations, education, and screenings

**What are the eligibility criteria?**

- Kosciusko County Resident.
- Immunizations- Medicaid or uninsured, ages 2 months to 18 years
- Everyone is welcome to receive educational information

### **How much do the services cost?**

Call for more information.

### **What are their office hours?**

Immunization Clinic:

Monday, Wednesday, and Friday 8:30 a.m. – 12 p.m. and 1:15 p.m. - 3:30 p.m.

The 1st Monday of every month they are open from 6 p.m. – 8 p.m.

## **12. Kosciusko County WIC Program**

### **Where is it?**

K21 Health Services Pavilion Building

1515 Provident Dr., Suite 120

Warsaw, IN 46580

### **What is the phone number?**

(574) 269-4456

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

Yes

### **Do I need insurance?**

No

### **Can I find information on the internet?**

Yes, at [www.warsawwic.org](http://www.warsawwic.org) and [www.wic.in.gov](http://www.wic.in.gov)

### **What services do they provide?**

They provide supplemental food checks, nutrition education, breastfeeding support, and referrals for pregnant, postpartum, and breastfeeding women and for children up to 5 years old.

### **What are the eligibility criteria?**

- Living in Indiana
- Women who are pregnant or postpartum (up to 6 months if not breastfeeding or up to 1 year if breastfeeding) and children under 5 years old
- At nutritional risk
- Low income: under 185% of the federal poverty guidelines (pregnant women count as 2 people) or receiving Medicaid, food stamps, or TANF

### **What do I need to bring?**

- ID for self

- ID for children under 5 (such as birth certificate or Social Security card)
- Proof of address (lease, utility bill, or recent piece of mail)
- Proof of income for all adults in household for the past 30 days (such as pay stubs, wage printouts, benefit award letters, letter from employer on company letterhead)

### **How much do the services cost?**

Call for more information.

### **What are their office hours?**

Monday 11 a.m. – 7 p.m.

Tuesday thru Friday 9 a.m. - 5 p.m.

## 13. Maple City Health Care Center

### **Where is it?**

213 Middlebury St.  
Goshen, IN 46528

Vista Community Health Center  
808 N. 3rd St.  
Goshen, IN 46528

### **What are the phone numbers?**

(574) 534-3300

(574) 534-0088

### **Do I need to call to make an appointment?**

Yes. You will need new patient orientation.

### **Can I speak Spanish when I call?**

Yes

### **Do I need insurance?**

No, you don't need insurance, but if you have insurance, you will need to use it. They accept Medicaid and Medicare as well as commercial insurance. They have health insurance navigators to help you find and apply for health insurance.

### **What services do they provide?**

The services are provided just for their patients. Services include check-ups, testing, and information about a healthy pregnancy. There are two options for prenatal care, both are provided by a bilingual doctor:

- Routine one-on-one checkup provided by the doctor during regular intervals during the pregnancy.
- Prenatal groups conducted by the doctor. The groups are 2 hour sessions that include prenatal teaching, sharing, and support in a group setting. The doctor will also conduct one-on-one checkups with individual attention and privacy.

**Do I need to be a patient to receive services?**

Yes

**How much do the services cost?**

Total charge for pregnancy coverage is based on an estimate that includes all prenatal visits and standard prenatal labs. Patients may qualify for a discount based on income following the federal poverty guidelines. Total charges may be paid in monthly installments but must be paid by time of delivery. (Charges do not include delivery)

**What are their office hours?**

Monday, Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.

**14. RETA****Where is it?**

300 W. High St. (on the corner of 3rd and W. High)  
Elkhart, IN 46516

**What are the phone numbers?**

(574) 522-3888 or (574) 522-4357

**Do I need to call to make an appointment?**

Making an appointment is helpful but not required for pregnancy tests and ultrasounds. Appointments are required for classes.

**Can I speak Spanish when I call?**

No

**Can I find information on the internet?**

Yes, at [www.RETAforlife.com](http://www.RETAforlife.com)

**What services do they provide?**

They provide free pregnancy tests and ultrasounds, parenting classes with material support, men's coaching, a mother's club support group, and abstinence training and mentoring.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 9 a.m. – 4 p.m.

## 15. The Enchanted Hills Community Partnership Center

### **Where is it?**

9799 Excalibur Place  
Cromwell, IN 46732 (not a mailing address)

### **What is the phone number?**

(260) 856-2136 and the fax number is (260) 856-2360

### **Do I need to call to make an appointment?**

Walk-ins or appointments are welcome.

### **Can I speak Spanish when I call?**

Yes

### **What services do they provide?**

They provide a parenting class, GED classes, Girl Scouts & Boy Scouts, Sea Scouts, Friday Swimming, Kids After School and Summer Club, Teen Night, Basketball, Canoeing, Soccer, and Community Service Approved Site.

### **How much do the services cost?**

Services are free of charge.

### **What are their office hours?**

Monday thru Friday 10 a.m. - 6 p.m.  
GED- Monday and Wednesday 6 p.m. – 8 p.m.

## 16. Warsaw Women's Center

### **Where is it?**

1275 Provident Dr. Warsaw, IN 46580

### **What is the phone number?**

(574) 269-4026

### **Do I need to call to make an appointment?**

Yes

### **Can I speak Spanish when I call?**

No

### **Do I need insurance?**

No, but some form of payment is required. Private insurance, Medicaid, Medicare, or cash are accepted.

### **Can I find information on the internet?**

Yes, at [www.warsawwomenscenter.com](http://www.warsawwomenscenter.com)



**What services do they provide?**

They provide complete obstetrical care, gynecological care including surgery, contraception, mammography, and ultrasound.

**What are the eligibility criteria?**

Medicaid patients must be residents of Kosciusko County.

**How much do the services cost?**

One charge is billed for the whole pregnancy regardless of how many visits, in order to promote more visits.

**What are their office hours?**

Monday thru Friday 8:30 a.m. – 4:30 p.m.

## 17. Women's Care Center

**Where is it?**

229 W. Marion St. Elkhart, IN 46516

**What is the phone number?**

(574) 296-6603

**Can I speak Spanish when I call?**

Yes

**What services do they provide?**

- Prenatal referral for doctors and midwives.
- Provides support to pregnant women through bilingual counseling for childcare, adoption, postpartum care, abortion, and depression related to pregnancy.
- Offers free bilingual parenting, birthing, breastfeeding, and baby care classes. Times and schedules vary. Participants receive 10 free diapers and 1 coupon per session. With the coupons, they can purchase baby supplies from the "Crib Club" store. They include: diapers, formula, baby clothes and baby furniture like cribs, strollers, car seats, etc. About 14 coupons are needed to purchase an item such as a crib.
- Free pregnancy tests are provided for proof of pregnancy.
- They offer free prenatal vitamins.
- They provide free ultrasounds to their clients. However, the ultrasound is non-diagnosable in that it will not tell you the sex of the baby or other medical information. The purpose of the ultrasound is to be able to see your baby in the womb and to hear the baby's heartbeat. Each patient is offered at least one ultrasound.
- They offer confidential references to get an STD test.

**How much do the services cost?**

Services are free of charge.

**What are their office hours?**

Monday thru Friday 9 a.m. - 5 p.m.

# Sexually Transmitted Infections (STI) and HIV

## What is HIV?

HIV (human immunodeficiency virus) is a virus that affects the immune system. This is the system the body uses to fight ordinary disease.

## What is AIDS?

AIDS (acquired immune deficiency syndrome) is an illness produced by the HIV virus.

## Who can get HIV?

Anybody, at any age, can contract HIV and it is usually contracted through sexual contact without protection, sharing needles with an infected person, or by coming into contact with HIV-infected blood.

## What is a Sexually Transmitted Infection (STI)?

It is an infection passed from person to person through sexual contact. It is very contagious.

## Where can I get STI or HIV testing?

### 1. AIDS Ministries

#### Where is it?

616 South Main St.  
Elkhart, IN 46516

201 S. William St.  
South Bend, IN 46601-2515

#### What are the phone numbers?

Elkhart: (574) 293-9743

South Bend: (574) 234-2870

#### Do I need to call to make an appointment?

Yes

#### Can I speak Spanish when I call?

Yes

#### What services do they provide?

They provide HIV testing, free condoms, care coordination, food pantry only for clients, and emergency financial assistance for clients.

#### How much do the services cost?

Services are free of charge.

#### What are their office hours?

Elkhart:

Monday thru Thursday 9 a.m. - 4 p.m.

South Bend:

Monday thru Friday 9 a.m. - 4:30 p.m.

## 2. Elkhart County Health Department

### **Where is it?**

608 Oakland Ave. Elkhart, IN 46516

### **What is the phone number?**

(574) 523-2127

### **Do I need to call to make an appointment?**

Appointments and walk-ins are available when time allows.

### **Can I speak Spanish when I call?**

Yes, but please have an interpreter available.

### **Can I find information on the internet?**

Yes, at [www.elkhartcountyhealth.org](http://www.elkhartcountyhealth.org)

### **What services do they provide?**

They provide STI testing, HIV testing, and HIV risk counseling services for people at risk.

### **How much do the services cost?**

- STI clinic fee is \$20.
- Lab draw fee is \$15.
- HIV testing is free.

### **What are their office hours?**

Monday 8 a.m. - 5 p.m.

Tuesday thru Friday 8 a.m. - 4 p.m.

## 3. Heartline Pregnancy Center

### **Where is it?**

K21 Health Services Pavilion Building  
1515 Provident Dr., Suite 180  
Warsaw, IN 46580

### **What is the phone number?**

(574) 267-5110

### **Do I need to call to make an appointment?**

No, you will watch an educational video and one of their staff members will make sure you receive a voucher and instructions for testing. Appointments can be scheduled for Monday thru Thursday. Walk-ins are also welcome.

### **Can I speak Spanish when I call?**

Yes

**What services do they provide?**

They offer free STI (Sexually Transmitted Infection) vouchers for testing through MedStat in Warsaw.

**What are the eligibility criteria?**

Please bring a photo ID. They are able to serve clients regardless of their place of residence.

**What are their office hours?**

Monday 9 a.m. – 7 p.m.

Tuesday thru Thursday 9 a.m. – 5 p.m.

Friday 9 a.m. – 12 p.m.

#### 4. Planned Parenthood of Indiana & Kentucky

**Where is it?**

PPINK has 25 health centers statewide with two locations serving north central Indiana.

505 S. 3rd St., Suite 160      3005 Grape Rd. Suite B  
Elkhart, IN 46516              Mishawaka, IN 46545

**What are the phone numbers?**

(800) 230-PLAN will automatically connect you with the closest health center.

Elkhart (574) 294-7561              Mishawaka (574) 255-9555

**Do I need to call to make an appointment?**

Yes

**Can I speak Spanish when I call?**

Yes, Spanish-speaking staff is immediately available in Elkhart. Language assistance is available at other locations if no call center representative speaks Spanish.

**Do I need insurance?**

Health care is provided for both insured and uninsured patients. Many forms of insurance are accepted, including Medicaid. They can help apply for HIP and Medicaid.

**Can I find information on the internet?**

Yes, at [www.PPINK.org](http://www.PPINK.org)

**What services do they provide?**

They provide STI testing and treatment, and HIV testing.

**How much do the services cost?**

Fees for services vary. Health center staff can provide fee information over the phone or during your appointment. A sliding scale fee is available at the Elkhart facility and financial assistance is available on a case-by-case basis

in Mishawaka.

**What are their office hours?**

Elkhart:

Monday 9 a.m. - 1:30 p.m.

Wednesday 10 a.m. - 7 p.m.

Friday 9 a.m. - 5 p.m.

Mishawaka:

Monday and Tuesday 9 a.m. - 5 p.m.

Thursday 11 a.m. - 8 p.m.

Friday 9 a.m. - 2 p.m.

# Transportation

## Where can I get the service?

### 1. ACE Cab of Elkhart

#### Where is it?

300 E. High St. Elkhart, IN 46516

#### What is the phone number?

(574) 295-6886

#### Can I speak Spanish when I call?

Yes

#### What services do they provide?

They provide transportation, taxi service, and wheelchair service.

#### Do I need to reserve transportation in advance?

Yes, if you have a specific time that you will like to be picked up, you need to call one hour in advance. On busy days, the wait can be around 1 to 2 hours.

#### How much do the services cost?

They accept cash and credit card (\$1 surcharge). Rates are \$8 for the first 2.8 miles, then \$1.80 per mile thereafter.

### 2. Interurban Trolley

#### Where does it go?

It connects Elkhart, Goshen, South Bend, Mishawaka, and major points in between these cities via transpo transfer.

#### What is the phone number?

(574) 674-4094

#### Can I speak Spanish when I call?

No, but route maps are available in Spanish

#### What services do they provide?

Trolley service is from Monday to Saturday. No service on Sundays, Thanksgiving Day, Christmas Day, Labor Day, Memorial Day, 4th of July, and New Year's Day. See their web site [www.interurbantrolley.com](http://www.interurbantrolley.com) for information on the trolley routes and hours of operation.

#### How much do the services cost?

\$1 for a one-way trip, exact change required. One free transfer is included.

### 3. Kosciusko Area Bus Service (KABS)

**Where is it?**

1804 E. Winona Ave. Warsaw, IN 46580

**What are the phone numbers?**

(574) 267-4990 or toll free (866) 953-4490

**Can I speak Spanish when I call?**

No

**Do I need insurance?**

To access the Medicaid Transportation, you will need to provide your Medicaid number.

**Can I find information on the internet?**

Yes, at [www.KABSbus.com](http://www.KABSbus.com)

**What services do they provide?**

They provide public transportation to all of Kosciusko County.

Medicaid transportation from Kosciusko County to anywhere in the state of Indiana.

**What are the eligibility criteria?**

Public transportation: Children under five must be accompanied by an adult.

Medicaid transportation: Eligibility will be checked prior to service, member number is required.

**Do I need to reserve transportation in advance?**

Yes, at least a day in advance. KABS provides demand response public transportation. There are no fixed routes, each route is created based entirely on the customer's demands.

**How much do the services cost?**

With 24 hours notice:

0 - 10 miles = \$1 one way

11 - 25 miles = \$2 one way

26 + miles = \$3 one way

Same Day Fee: Add \$4 to the appropriate fare if you are calling for a ride the same day.

No-Go Fee: There will be a \$4 fee for no-go or rides not appropriately canceled at least an hour in advance.

Out of County Fee: Add a \$10 fee for any pick-ups or drop-offs outside of the county.

(Ticket, token, or exact change are accepted, drivers do not carry change or accept checks.)



**What are their office hours?**

Operating hours are Monday thru Friday 5:30 a.m. – 8 p.m.

Office hours are Monday thru Friday 8 a.m. to 5 p.m.

#### 4. School transportation – Concord

**What area do they serve?**

Concord Community Schools

**What is the phone number?**

Transportation Department (574) 875-6577

**Can I speak Spanish when I call?**

Yes

**What services do they provide?**

They provide Information about schedules and stops for Concord Schools.

Information is also available at [www.concord.k12.in.us](http://www.concord.k12.in.us), click on Bus Stop

Information, then enter address to see bus times and stops close to your house.

**When can I call?**

Monday thru Friday 7:30 a.m. - 4 p.m.

#### 5. School transportation – Elkhart

**What areas do they serve?**

Elkhart Community Schools

**What are the phone numbers?**

Student Services: (574) 262-5540

Transportation Department: (574) 262-5695

**Can I speak Spanish when I call?**

No

**What services do they provide?**

- They provide school bus service information and bus transportation for eligible students in Elkhart Community Schools.
- Transportation is available for students who are outside of the walk zone.

**When can I call?**

Student Services: Monday thru Friday 7:30 a.m. - 4:30 p.m.

Transportation Department: Monday thru Friday 6 a.m. - 4 p.m.

## 6. School transportation – Goshen

### **What areas do they serve?**

Goshen Community Schools

### **What is the phone number?**

(574) 533-7176

### **Can I speak Spanish when I call?**

Yes, after 8 a.m.

### **What services do they provide?**

They provide information about schedules and stops for Goshen Community Schools.

### **When can I call?**

Monday thru Friday 6:30 a.m. - 4 p.m.

## 7. School transportation – Warsaw

### **What areas do they serve?**

Warsaw Community Schools

### **What is the phone number?**

(574) 269-1750

### **Can I speak Spanish when I call?**

No

### **Can I find information on the internet?**

Yes, at [www.warsaw.k12.in.us](http://www.warsaw.k12.in.us)

### **What services do they provide?**

They provide information about schedules and stops for Warsaw Community Schools.

### **When can I call?**

Monday thru Friday 6 a.m. - 5 p.m.

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serving the healthcare needs of our  
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[WWW.NIHHC.COM](http://WWW.NIHHC.COM)



Warsaw Community Schools



*Our mission is to inspire and equip all students to continuously acquire and apply knowledge and skills while pursuing their dreams and enriching the lives of others.*

1 Administration Drive, Warsaw, IN 46580  
 (574) 371-5098  
[www.warsaw.k12.in.us](http://www.warsaw.k12.in.us)

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Goshen, IN 46526

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[www.heartcityhealth.org](http://www.heartcityhealth.org)



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574.535.7370  
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## Indiana Minority Health Coalition (IMHC)

Our mission is to enhance the quality of life through education, advocacy, and quality health care services for racial/ethnic minorities. To conduct research and training, develop policy, and create and maintain a broad-based network of affiliate agencies.

IMHC is a proud supporter of the **Northern Indiana Hispanic Health Coalition**. We commend you on the health education, prevention services and support that you provide to those in need.

**Best Wishes and Continued Success!!**



[www.imhc.org](http://www.imhc.org)



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